



# The Bush Telegraph

The quarterly newsletter of The Bushwood Area Residents Association

Also visit us at [www.bara-leytonstone.org.uk](http://www.bara-leytonstone.org.uk)

## INTRODUCTION

from chairman DWIGHT WOOD

**MORE AND MORE** – we have *more* events happening, *more* members, and *more* residents’ worries and problems have been acted on as never before. We must be doing something right! Gradually we are seeing improvements to the

Bushwood Area. It’s only by people caring that things get done. Read some of the following articles and you will get an idea.

If there is anything that you feel passionately about just contact one of our committee members (their details are on page two) and we can help you to join in making a difference. Thank you to all those who get involved.

### BEST FRONT GARDENS WILL WIN PRIZES

THE BARA front garden competition returns! In early July committee members will go round the whole BARA area looking at every front garden. In the past even tiny gardens have won, so every BARA household is in with a chance. But remember, if your membership has lapsed you can’t win! There will be three prizes of Homebase vouchers, worth £25, £15 and £10. JO PILC

### Where to pay the Congestion Charge....

LOCAL OUTLETS on Leytonstone High Road where you can pay the daily charge are:

- ◆ Quickpick general store – near the end of Browning Road
  - ◆ Iceland
  - ◆ Hills News – between Davies Lane and Ferndale Road
- The daily fee is £5 pounds if paid in advance or by 10pm on the day. After 10pm it goes up to £10. After midnight the penalty for non-payment is between £40 and £120, depending on how promptly you pay the fine. Quickpick is open till 11pm weekdays or 12 midnight at weekends should you need to make a last-moment payment!

### What do you need from your First Stop Shop?

THE FIRST Stop Shop Service is currently being reviewed by the Council. How do you think the service can be improved? What extra information/services do you think it should provide?

For example, do you think you should be able to purchase CPZ vouchers or see copies of Planning Applications? Is the service accessible? Could the opening hours be improved to suit your needs? Should a list of the services the First Stop Shop provides be prominently displayed?

BARA is prepared to write to the Council on your behalf – please contact a committee member with your views. This service costs us £185,000 a year; let’s make sure we get the service we need. LAURA WHITEHEAD

## BARA CYCLISTS HAVE A GRAND RIDE OUT

ON A lovely summer Sunday a large group from BARA set off at 11am, cycling via leafy lanes (well, forest). We took refreshment at Butlers Retreat next to the Queen Elizabeth Hunting Lodge. All our route was either in forest or very quiet back lanes.

BY  
DWIGHT WOOD

Our tour after 1pm (opening time of the hunting lodge, admission free....) was both historical and educational. Our return was via the Monkshams pub and then following the Roding Valley Park alongside the river. Our final resting place was the North Star....

Ages ranged from three years old to something over 50. Distance covered 15.3 miles, average speed three miles per hour, and a great time was had by all.



Having a wheely good trip – bikers who took part in BARA’s Family Cycle Ride on Sunday 1 June.

### BARA SUBSCRIPTION RATES

Single people: £1 per year     Households: £2 per year

**DON’T FORGET** our great BARA postcards. A set of four quality cards showing local scenes for just £1. Phone Jo: 020 8530 3569. Also available at the library (but at a slightly higher cost).

## WHAT'S ON

### FORTHCOMING BARA SOCIAL EVENTS

Laura: 020 8532 9553

Katy: 020 8556 5162

◆ **Thursday 12 June – *A night at Walthamstow Dogs.***

Cost £17 which includes the entrance fee (£4), a three-course meal, and Tote runners at the table. To book please telephone Laura. Money must be paid in advance in full. Coach extra.

◆ **Sunday 22 June – *Litter pick from 11am to 1pm in the Forest.***

Refreshments and litter picking equipment will be provided. Volunteers to meet on the edge of the Forest at the end of Leyspring Road and Bushwood. We had lots of volunteers turn up last year so let's see if we can have even more this year.

◆ **Thursday 10 July – *Meet your friends and neighbours in the North Star.*** We'll see you from 8.30pm. Why not tour St John's Church first? (See Other Local Events, below).

◆ **Thursday 18 September. *Meet your friends and neighbours in Zulus.*** See you from 8.30pm.

### OTHER LOCAL EVENTS

**Sunday 22 June – *Local History bike ride*** around historic places in the south of the Borough. Slow pace and mostly on quiet roads or paths. 10.30am to 1.30pm. All welcome. Meet at Leytonstone Tube station. For more information phone Geoffrey Whittington: 020 8521 2683.

**Thursday 26 June – 1 pm. *Rainbow Colours Epping Forest Walk.*** Suitable for toddlers. Meet at Queen Elizabeth's Hunting Lodge. Booking is essential – phone 020 8508 0028

**Sunday 29 June – *Annual service for horse riders*** at High Beach Church. Details: phone 01992 763982.

On **Thursday 10 July** the Waltham Forest Civic Society are organising a ***tour of St John's Church.*** Meet at 7.30pm. There will be an opportunity to climb the tower. Quench your thirst with neighbours in the North Star after your tour!

***The Leytonstone Festival is being held between 9 – 21 July. Look out for details of events.***

**Saturday 19 July – *Fete with Tug of War and music*** at the Temple in Wanstead Park, 1pm – 11pm.

**Sunday 20 July – *Waltham Forest Green Fayre*** at Langthorne Park in Leytonstone High Road. 12 noon to 5pm. Exhibitions, entertainment, alternative fuel vehicles, music and refreshments.

**Saturday 2 August – *North Star Day*** (provisional date at time of going to press, so if interested please enquire at the **North Star** for details).

**Sunday 17 August – *Paper Boat Race***, 11am to 2pm at the Hollow Ponds. Boats to be made from paper or other recycled materials. Bring a picnic. For further information phone Alex: 020 8558 6880.

### THE BUSH TELEGRAPH ADVERTISER

**Members' personal advertisements are inserted free of charge in this column. Please drop your ad in to any committee member (addresses below).**

**BABYSITTER** – parents of 5-year-old girl seek mother to swap babysitting or responsible girl over 16 to sit for pay. Usually weekends. Phone Vivien: 020 8923 1999 after 6pm.

**CORNWALL.** Two-bedroom self-catering detached bungalow in the coastal village of Crantock, Nr Newquay. It is situated 15 mins' walk from Crantock beach and sleeps 4-5 people. Please phone 01637 830078 for details.

**HURRY!** One only, and it's **FREE**. About six years ago our Council paid £60 for Canadian Green Cones for composting organic kitchen waste. They were offered very cheaply to this neighbourhood. They are a pleasant light green and this one comes with full instructions. Delivered to your door (locally). Phone 020 8989 6803.

**LEARN** guitar from home. Tuition available for beginners, £10 an hour, weekends only – preferably Saturdays. Phone Jack: 020 8556 3288.

**LEARN** the art of self defence and tai chi, for men and women. Phone Ron Holt – 8th Dan Black Belt: 020 8539 8147.

**STAINED GLASS** created or repaired to highest standards. Phone Aleyne: 020 8539 5365.

**STAMPS** for charity. Used postage stamps – UK and foreign – wanted for animal charities and Guide Dogs for the Blind. Thank you! Dawn, 46 Michael Road.

**THREEQUARTER** size acoustic guitar, nylon strings. £20 ono. Phone 020 8989 8738.

### BARA TAKES QUIZ NIGHT TROPHY

ANOTHER exciting, nail-biting quiz night was held between the members of the Ex-Servicemen's Club and BARA. The quiz-master set some very difficult questions and the outcome was that Jo Pilc's team rose to the challenge and retained the trophy on behalf of the BARA residents. Our thanks have to go to the Ex-Servicemen's Club for kindly hosting the event and to our fabulous quiz-master Russ and his helpers.

We very much look forward to holding another challenge in October. The date will be advertised in September's BT and we very much hope to see more of our residents taking part in the challenge. **KATY SMITH**

### Strong pullers wanted!

BARA has been invited to submit a Tug of War team for the competition which has taken place annually in recent years at the Temple in Wanstead Park, as part of a summer day of music, food stalls etc organised by local residents' groups. The date is **Saturday 19 July**. Contact any committee member to be on the team. **JO PILC**

### The BARA committee 2002/2003

<b>Judith Aldridge:</b> <i>treasurer</i>	35 Leyspring Road
<b>David Dowsett</b>	74 Mornington Road
<b>Robert Gay</b>	137 Mornington Road
<b>Bernard Lowe:</b> <i>assistant treasurer</i>	56 Browning Road
<b>Jo Pilc:</b> <i>shops representative</i>	57 Leybourne Road
<b>Judy Scott:</b> <i>planning</i>	34 Carlton Road
<b>Andrew Shields:</b> <i>minutes secretary</i>	9 Hartley Road
<b>Katy Smith:</b> <i>vice-chair &amp; social</i>	37a Harvey Road
<b>Linda Standen</b>	10 Barclay Road
<b>Graciela Watson:</b> <i>membership</i>	14 St Augustines Court, Mornington Road
<b>Laura Whitehead:</b> <i>social</i>	44 Stanmore Road
<b>Dave Williams</b>	30 Harvey Road
<b>Ross Williams</b>	65 Mornington Road
<b>Dwight Wood:</b> <i>chairman</i>	Carlton House, Aylmer Road



A GRIPPING whodunnit is the latest offering from CADOS, the Chingford-based dramatic and operatic society.

A dramatic society is assembling at a church hall to rehearse a production of a mystery thriller, but there are strains within the company. The director's wife is friendlier than is wise with a young man of the company, a prowler is in the neighbourhood and attacks one of the women, and an unpleasant caretaker tries a little blackmail and ends up murdered – but by whom? And who is the prowler?

The mystery is unravelled at Chepping Hall, Sewardstone Road, Chingford on **Thursday, Friday and Saturday 3, 4 and 5 July**. Performances start at 8pm. Tickets are £5 each and **MUST** be booked in advance as no tickets are sold on the door. Phone the Box Office: 020 8559 4822 to reserve your seats – and ask about the CADOS Special for just £8 per person.

*Local note: Manager Paul of Memories in the High Road plays Philip Stevens, the society's somewhat dictatorial director.*

## IT'S ALL ABOARD FOR AN OOH LA LA DAY

### Here's how a BARA member enjoyed the trip to France

FOR THOSE of you not lucky enough to get a seat on BARA member Bob Cheek's excellent trip to Boulogne, here's how it went....

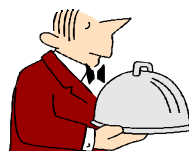
After a prompt start at an unearthly 6.30am the first surprise is that the traffic is already queuing at the Blackwall Tunnel! A smooth run to Dover just got us on

to the 8.30am ferry (the ferry was backing away from the dock but the bow doors were still open, well done driver).

Time to go on deck and wave a tearful farewell to a receding Dover and have a last English breakfast before entering the land of croissants and black coffee.

First stop after Calais was the Hypermarket – "I want you back at the coach in an hour and half." What are we going to do in a shop for one-and-a-half hours? Hey, look at all that wine, look at all those cheeses, look at the time, we'd best get back to the coach. (Apparently you can save the £18 coach fare on soap powder alone.)

Next stop Boulogne where you have three to four hours to explore as you wish. It not only has a historic town centre with museums and culture but also has shops untouched by the bootscometicelandwhsmith sameness of England. We chose the leisurely exploration of a courtyard restaurant with good food and wine at a reasonable price.



Then it was back to the coach, pausing briefly for photos outside a shop called 'Des Mysteres de Fanny' which sold tapestries and lace but seemed awfully funny after a bottle of wine.

You need more than one trip to explore Boulogne which is why Bob is organising another one on **Wednesday 8 October – phone 020 8558 8795 to book.**

Don't forget your passport and check that it hasn't expired, otherwise you'll not only miss the trip but it'll cost an extra fiver just to keep your name out of *The Bush Telegraph*.

MELVYN BROWN

### Don't be bothered by

**NOISE!**

WE LIVE in a densely populated area – people, pets, cars and alarms are a part of our daily lives. On the other hand we should not have to suffer excessive, unnecessary and preventable noise. There are no clear definitions of what is unacceptable. Each case has to be considered on its own merits.

It could be sound that is loud, intrusive or occurring at the wrong time.

Examples where you could involve the Council's Environmental Health Service are:

- ◆ Music so loud that it prevents your family sleeping.
- ◆ Noisy DIY work late at night or early in the morning.
- ◆ Persistent or prolonged noise from animals.
- ◆ Building sites or factories that start making a noise early in the morning or continue making a noise until late at night.

Domestic noise such as raised voices or children running about cannot normally be dealt with by the Environmental Health Department. Contact the Environmental Health Service to find out more about what they can do plus how you can take your own private legal action.

The noise team can be contacted on **020 8496 3000**. An officer is on duty Mon – Thurs from 9am to 12 midnight and they operate a weekend noise service.

If you are the tenant of a registered social landlord or the Council, you should also contact your landlord. Where you feel able, discussing the problem with the person or organisation making the noise often works.

LAURA WHITEHEAD

### BORROW THE BARA GAZEBO

BARA has a very useful gazebo (like a tent with no sides) that can be borrowed *free of charge* for a day or two by members when we are not using it. Providing protection from sun or rain, it has been used by a number of members and has often saved the day! So if you're having an outside party or barbecue this summer book it now. Phone Jo: 020 8530 3569.

## PLANNING

### 2 Leybourne Road

A success story for BARA, working with the neighbours. The first application for a very large rear extension was refused on grounds of over-development. The developers put in a second application with a more modest extension and co-operated with the neighbours on important details. This was passed.

### First Stop Shop review and cut in service

CLr Clyde Loakes tells us that First Stop Shop is being reviewed. BARA has said that we want a public consultation leading to an improved service not more cuts! However we are told that copies of planning applications will no longer be made available at the Leytonstone First Stop Shop. A Duty Officer will be available for phone enquiries and applications will be published in the local newspaper and on the LBWF website: [www.lbwf.gov.uk](http://www.lbwf.gov.uk) Go to Environment, then Planning Applications, then Information.

### Patient Power comes to Whipps Cross!

The Department of Health now requires all health and social care services to put patients and the public at the heart of planning and monitoring services. This means that Whipps Cross are looking for patients, ex-patients and local people to join Whipps Cross Patients Panels which look after many different parts of the hospital. There is even a Tasting Panel for tenders for the catering contract. Contact Val Lea, Patient and Public Involvement Manager on 020 8535 6645 for more information.

### Epping Forest Five Year Plan Consultation

BARA responded to the consultation with some suggestions for Bushwood and Wanstead Flats. We asked for easier paths for older or disabled people and some seating, logs or benches, plus a weekend tea stall on the Flats and a return of the cattle. The reply was that 'commoners' have the right to graze cattle on the Flats and it is up to them to assert their rights. Are you a 'commoner' by any chance? The tea stall is a no-no and some seating just might be a possibility but not where people might be hit by footballs! The new Forest Keeper, Alison O'Connor, will be responsible for our area. She would be willing to arrange a guided walk especially for BARA members. The BARA litterpicks are much appreciated. Contact: 020 8532 1010. JUDY SCOTT

## BETTER VALUE FROM BARA!

BARA's committee has been working to obtain worthwhile discounts for members.

LOCAL SHOPPING DISCOUNTS!

### Our discount scheme:

- ◆ Is yet another benefit of belonging to BARA
- ◆ Pays you to shop locally
- ◆ Supports local shops so it helps to improve our area

*You can get these discounts from the following local businesses, but you must show your membership card.*

<b>BUBBLES</b> (hats and clothes) .....	10% off everything. 698 High Road
<b>PRIMROSE FLORIST</b> .....	10% off purchases over £10. 741 High Road
<b>CENTURY 21</b> (estate agents) ...	30% off standard commission rate. Church Lane
<b>ZAIN GREETINGS</b> .....	10% off all cards and gifts (except special offers/sale items) (cards, gifts, stationery) 48 Church Lane
<b>DOGS DINNER</b> .....	10% off accessories. (pet and garden shop) Other items 5% off purchases over £5. 23 Kirkdale Road
<b>DEANNA DONOVAN</b> (beauty... and skincare):working from home	10% off treatments <b>phone: 8558 7223</b>
<b>BANSAL OPTOMETRISTS</b> ....	10% off goods over £50. 775 High Road
<b>NATIONAL SCHOOLWEAR..</b>	10% off general schoolwear. They also stock things like Brownie uniforms. 841 High Road (Near McDonalds)
<b>IRONICA</b> (ironware and gifts)...	10% off everything (except Sale items). 853 High Road
<b>CHURCH PINE</b> (furniture) .....	10% off (except promotions). 899 High Road
<b>MONARCH SPORTS</b> .....	10% off purchases over £100. 815 High Road
<b>MEMORIES</b> .....	10% off one-hour or 24-hour film processing. 10% off 35mm and APS reprints. 5% off films. Photographic Services 829 High Road
<b>FRESH WATER FILTER CO..</b>	10% off all purchases. Carlton House, Aylmer Road
<b>OCEAN DRY CLEANERS</b> ....	10% off bills over £50 (eg curtains etc). 801 High Road
<b>THE RELAXATION PLACE..</b>	Free aromatherapy treatment with your first appointment: <b>phone 8539 0001</b> . (aromatherapy face & body treatments): corner Browning Road and High Road (740A)

## Obituary notice

### Nora Addison

AS MANY of you will know, Nora Addison of Mornington Road died recently. She and her late husband Alf were great supporters of BARA, both of them being long-term committee members, hosting the meetings at their house, and Alf acting as Treasurer for many years. Despite valiant efforts to retire Alf returned to the committee more than once when no replacement Treasurer could be found. Many of you will have known Nora and Alf from their daily walks in Bushwood with their golden retriever Brandy who also died a year or two ago. Our condolences and best wishes to their family and our thanks to Alf and Nora for all their help. JO PILC

*If you would like to join BARA then contact your nearest committee member (see page two). See front page for subscription rates.*