



# The Bush Telegraph

*The quarterly newsletter of The Bushwood Area Residents Association*

Also visit us at [www.bara-leytonstone.org.uk](http://www.bara-leytonstone.org.uk)

**THE BUSHWOOD AREA RESIDENTS ASSOCIATION** exists to strive to improve and enhance our area. To do this we try to represent the views of the residents to various bodies. We are not a bunch of do-gooders. Like you, we live here because we choose to and we care about our neighbourhood.

We also try to have fun and organise various social events from a night at the dogs to quiz nights; from a litter pick to pub nights.

Members enjoy discounts at some local shops and we are always seeking to enlarge that list.

Our membership is *more than a third* of households in the Area so why not join us and make our voice even stronger?

It costs just £1 a year for an individual and £2 a year for a household. One purchase at a shop offering a discount can repay that.

For more details of our constitution and other matters please visit our website at: [www.bara-leytonstone.org.uk](http://www.bara-leytonstone.org.uk) or come to the **Annual General Meeting at St John's Church Hall on 24 September 2003.** BERN LOWE

## SHOPPERS' VIEWS – FIRST RESULTS

MEMBERS MAY remember our request for volunteers to join our shopping survey to help local shops understand what we the customers felt they were doing right and doing wrong.

A number of volunteers came forward and Woolworths was chosen as our first shop to consider. Wide-ranging comments were made and were reported to Woolworths in summary with a request for a meeting to discuss all the points made.

The overall view was that Woolworths is a necessary part of our shopping centre, and while it stocks useful items at good prices, the random stocking of basics is annoying and many (but not all) people say they would shop there more if the side door was re-opened.

We presently await hearing from Woolworths so we can talk to them about the points raised. JO PILC

### CONTACT REQUESTED

**IF MR AND MRS P. RING will contact me and confirm their address they will receive a year's free membership of BARA.**

**Bernard Lowe**

email: [charlesedensom@hotmail.com](mailto:charlesedensom@hotmail.com) <<mailto:charlesedensom@hotmail.com>>

or phone 0780 804 3046

### Annual General Meeting

Wednesday 24 September 2003

7.30pm

St John's Church Hall

#### Agenda

- 1 Welcome
- 2 Minutes of AGM 2002
- 3 Presentation of accounts
- 4 Review of the year
- 5 The year ahead
- 6 Election of new committee members

**Refreshments provided. Come and do your bit for your area**

Nominations and notices of amendments to  
74 Morningson Road by 10 September

## BARA AT WORK

WE'VE HAD some serious complaints by neighbours about Zulus at chucking-out time. Fights, noise, bottles in gardens etc. BARA will challenge renewal of licence if nothing is resolved so a committee member has popped in to see Jason and given him the names of the people who had contacted us. He has promised to call on them and hopefully assure them that this will not be an ongoing problem.

KATY SMITH

### SUBSCRIPTION RATES

Single people: £1 per year    Households: £2 per year

From:

Name .....

Address.....

Amount enclosed.....

Please use the envelope provided to pay your subscription. Just drop it through your nearest committee member's door (addresses on reverse of this form). You can also leave your subscription at

49 Beacontree Road

## WHAT'S ON

### FORTHCOMING BARA SOCIAL EVENTS

Laura: 020 8532 9553

Katy: 020 8556 5162

◆ **Thursday 18 September.** *Meet your friends and neighbours in Zulus.* See you from 8.30pm.

◆ **BARA will be having a stall on 21 September when the High Road is closed for CAR FREE DAY.** Come and see us and join up at the same time.

### OTHER LOCAL EVENTS

◆ **Sunday 21 September: Car Free Day in Leytonstone Town Centre,** 12 noon to 5pm.

### THE BUSH TELEGRAPH ADVERTISER

**Members' personal advertisements are inserted free of charge in this column. Please drop your ad in to any committee member (addresses below).**

**BABYSITTER** – parents of 5-year-old girl seek mother to swap babysitting or responsible girl over 16 to sit for pay. Usually weekends. Phone Vivien: 020 8923 1999 after 6pm.

**CORNWALL.** Two-bedroom self-catering detached bungalow in the coastal village of Crantock, Nr Newquay. It is situated 15 mins' walk from Crantock beach and sleeps 4-5 people. Please phone 01637 830078 for details.

**FOR SALE** – double 12ft aluminium ladder, £50. Buyer collects. Phone Bern: 0780 804 3046.

**FOR SALE** – threequarter size acoustic guitar, nylon strings. £20 ono. Phone 020 8989 8738.

**HURRY!** One only, and it's **FREE**. About six years ago our Council paid £60 for Canadian Green Cones for composting organic kitchen waste. They were offered very cheaply to this neighbourhood. They are a pleasant light green and this one comes with full instructions. Delivered to your door (locally). Phone 020 8989 6803.

**LEARN** guitar from home. Tuition available for beginners, £10 an hour, weekends only – preferably Saturdays. Phone Jack: 020 8556 3288.

**LEARN** the art of self defence and tai chi, for men and women. Phone Ron Holt – 8th Dan Black Belt: 020 8539 8147.

**STAINED GLASS** created or repaired to highest standards. Phone Aleyne: 020 8539 5365.

**STAMPS** for charity. Used postage stamps – UK and foreign – wanted for animal charities and Guide Dogs for the Blind. Thank you! Dawn, 46 Michael Road.

## Have your say about local buses

WE ARE told that the bus operator (First London) has appointed a Route Improvement Manager for this route. We do not know the individual's name or where he/she works, but if someone is interested in buses and feeling virtuous, they could get in touch with First London and find out the contact details, and then get in touch with the person and tell them how to sort out the route (begin by getting drivers who don't say their bus is full when there are seats empty upstairs?) **ANY VOLUNTEERS?**

## WOMAN IN MIND – by Sir Alan Ayckbourn

THIS AUTUMN the Woodhouse Players bring a dark comedy to the stage with Sir Alan Ayckbourn's (1939 to present) **Woman in Mind**. In this play Susan finds herself in an enviable position. Her life is everything she wants it to be. She's loving every perfect moment of it, until strange experiences start to make her question her reality.

Alan Ayckbourn is one of England's most successful playwrights; he is the first living playwright to be knighted since Noel Coward.

See the play at the Welsh Church Hall, Leytonstone High Road on 2, 3 and 4 October at 8pm. Tickets are £5 each, £2.50 concessions and can be booked on 020 8504 3872. The Woodhouse Players are a private club which you have to book and join in advance. **Admittance is not possible on the night without advance booking of tickets.** Find out more about the Woodhouse Players at their website: [www.woodhouseplayers.co.uk](http://www.woodhouseplayers.co.uk) <<http://www.woodhouseplayers.co.uk/>> (where you can also book tickets).

## DRACULA – THE PANTOMIME: FANG-TASTIC FUN FOR ALL THE FAMILY

### The Original Blood Count stars in half-term Halloween show at Stratford Circus

The Woodhouse Players are working alongside local youth theatre group *Theatretrain*, who will be singing and dancing in the big numbers. So if you're looking for something fun to do during half-term, come to see **Dracula – The Vampire Strikes Back** at Stratford Circus from Thursday 30 October to Saturday 1 November 2003 (evening performances every night and matinees Friday and Saturday afternoons).

For tickets phone 020 8279 1000 (no booking fee) or email: [tickets@stratford-circus.org.uk](mailto:tickets@stratford-circus.org.uk) <<mailto:tickets@stratford-circus.org.uk>>. For more information phone Woodhouse Players Publicity: 07980 265620.

## Planning an autumn garden party?

*BARA has a very useful gazebo – like a tent with no sides – that can be borrowed free of charge for a day or two by members when we are not using it. Providing protection from the sun (or rain!), it was in great demand during the recent heatwave. So if you're having an outside party or barbecue this autumn book it now. Phone Jo: 020 8530 3569.*

## The BARA committee 2002/2003

<b>Judith Aldridge:</b> <i>treasurer</i>	35 Leyspring Road
<b>David Dowsett</b>	74 Mornington Road
<b>Robert Gay</b>	137 Mornington Road
<b>Bernard Lowe:</b> <i>assistant treasurer</i>	56 Browning Road
<b>Jo Pile:</b> <i>shops representative</i>	57 Leybourne Road
<b>Judy Scott:</b> <i>planning</i>	34 Carlton Road
<b>Andrew Shields:</b> <i>minutes secretary</i>	9 Hartley Road
<b>Katy Smith:</b> <i>vice-chair &amp; social</i>	37a Harvey Road
<b>Linda Standen</b>	10 Barclay Road
<b>Graciela Watson:</b> <i>membership</i>	14 St Augustines Court, Mornington Road
<b>Laura Whitehead:</b> <i>social</i>	44 Stanmore Road
<b>Dave Williams</b>	30 Harvey Road
<b>Ross Williams</b>	65 Mornington Road
<b>Dwight Wood:</b> <i>chairman</i>	Carlton House, Aylmer Road

## Controlled Parking Zone permit charges go up from 12 May 2003

IN CASE you missed the rather small notice in the local paper the annual fees for permits in CPZs were increased on 12 May 2003 thus:

◆ **Residents** - one vehicle increased from £25 to £30 i.e.20%

◆ **Subsequent vehicles** - from £25 to £40 i.e. 60%

◆ **Business Permits** from £225 to £275 i.e. 22%

And this since 27 January i.e. after 105 days which gives annualised rates of increase of 69.5%, 208.6% and 76.5% respectively. Future increases are a matter of speculation.

Since CPZs are here, BARA is trying to make the terms easier for residents and visitors while still

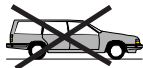
discouraging commuter parking on residential streets.

We were advised that the March 2003 edition of *Waltham Forest Magazine* would carry a questionnaire about parking but it seems that there were “problems” delivering it to the Bushwood Area. The results of this survey were published in the May edition of WFM but we can find no one in our area who received the questionnaire.

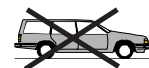
Please let BARA know if you received it. We are not asking how or whether you responded.

**Replies please** to any committee member or to me at [charlesedensom@hotmail.com](mailto:charlesedensom@hotmail.com) <<mailto:charlesedensom@hotmail.com>>

BERNARD LOWE



The organisers invite you to a



## CAR FREE DAY FESTIVAL IN LEYTONSTONE TOWN CENTRE

LEYTONSTONE Town Centre will host one of London’s largest Car Free Day Festivals on Sunday 21 September, between 12 noon and 5pm.

The Festival will provide visitors with a vibrant car-free street environment where they can enjoy an afternoon of FREE entertainment, including live bands, comedy

talent and stuntman performers. A farmers’ market, skateboard park and DJ area, cycling displays, a funfair and bouncy castle plus numerous environmental-related stalls will attract a large crowd, providing an excellent opportunity to raise the profile of Leytonstone Town Centre.

**Bushwood Area Residents Association will actively participate at the Festival by having a stall.**

### Health and environmental benefits

The Festival’s intention is to raise awareness of the health and environmental benefits of choosing to walk, cycle or use public transport for local trips, by leaving the car behind. The event is intended to be a fun day out, where visitors and the local community can enjoy Leytonstone Town Centre as a traffic-free urban space. The Festival will build on the enormous success of last year’s event held in the Walthamstow Village area and is part of a nationwide series of events to be held over the same weekend, including every single London Borough.

Please visit our Car Free Festival on Sunday 21 September and if you would like to participate or share your views and ideas for the Festival contact **Edwin Leigh: 020 8496 6252.**

### Eating places ...

The first in an occasional series from BARA’s eating commentator

**THE CENTRAL RESTAURANT & CAFÉ** in Church Lane across from the station offers a varied selection from light snacks to a full meal. My favourite is roast beef . A large dinner plate with thin slices of beef but plenty of them, crisp roast potatoes, Yorkshire pudding that sometimes isn’t as good as mother used to make and at least two other vegetables, all covered in a thick and rich gravy. This is not the most expensive item on the menu so add a mug of coffee and a tip for the friendly staff and you’ve spent £5. It is not haute cuisine but it is value for money.

**BABURCHI** - the Indian restaurant opposite O’Neill’s which some of us still call the Green Man offers a wide range of dishes from the sub-continent served by attentive but not intrusive staff in a bright and airy room (non-smoking area available). The portions are more than adequate and prices competitive for the area. If you haven’t been, give it a try.

**ELCHE** - a bit outside the Bushwood Area but not far; it’s opposite the Bell, which sits between the police and fire stations. Do you want memories of your Spanish holiday? Friendly staff serve your meal and sometimes to the accompaniment of flamenco. The paella is great but takes about 25 minutes which means it is freshly cooked - not a bad thing with seafood. If you are new to Spanish food try the Tapas – three different dishes of your choice and all reasonably priced. According to their frontage they are from Barcelona but you won’t find “Manuel” there. MITCH O’LYNNE

### TRAFFIC ARRANGEMENTS FOR CAR FREE DAY

**Details of the temporary road closure and traffic diversion arrangements for the Festival, which will be in operation between 8am and 7pm on Sunday 21 September 2003:**

Please note that Leytonstone High Road will be closed to traffic between the junctions of Harvey Road and Gainsborough Road. Church Lane and Kirkdale Road will also be closed to traffic with parking suspended. Apart from these traffic diversions access to properties in the Bushwood Area will be unaffected.

The W14 and 257 bus routes will continue to serve Leytonstone High Road during the Festival. The W13, 66 and 145 bus routes will be diverted to the Plaza side of Leytonstone Underground Station via Gainsborough Avenue.


*Write on!*


*The column for BARA members*

ONE OF our cats, Dean, went missing on 22 May. Now we know that cats go on sabbatical all the time but she's eight years old, a bit .. challenged .. and rarely does more than eat food, trip us up and sit on our back garden table (the back garden being another room of the house to her) and ask the birds to fly into her mouth. So, not an adventurous or particularly clever cat.

We realised that we'd not seen her for 18 hours and we were leaving for the weekend, for a visit that could not be put off, within the hour. We mentioned this to our next-door neighbours Val & Kate and they immediately told us to print off some posters and they'd put them up for us while we were away; fantastic. We got back, still no Dean, so once again our neighbours helped out with Kate taking time out of her (blissfully sunny) Saturday afternoon to go around with Cathie, putting posters up all over Bushwood.

The response was excellent; we had people ringing us up or knocking on the door or stopping us in the street saying they'd sighted a rather portly black cat right from the Bush Wood to Mornington Road.

Nine days later we had a knock on the door from Lesley and Mark from further down our road. They'd seen the posters and as a black cat had just nipped into their kitchen to pilfer their cat's food, they wondered if it might be our elusive Dean.

It was Dean and she is now back with us and as healthy as ever. We're all very thankful to Val & Kate for their sterling work helping put posters up around the area and of course to Lesley and Mark (who refused a reward) for finding her. We even had phone calls from people who had noticed the posters had all been removed to see if we'd got her back.

We've only been in the area six months but after coming from a more inner part of London where after years of being there we barely knew anyone we were quite overwhelmed with the response.

Thanks once again.

**Darren Beale** – *Leybourne Road*

**Seating on Wanstead Flats and in Bush Wood**

BARA residents with a disability asked for some strategically-placed logs as resting points so that they can enjoy the Flats and wood like everyone else. Alison O'Connor, the new warden from Epping Conservators, did a walkabout with a group from BARA and considered possible sites. The final decision is down to the Epping Forest Conservators committee and we are waiting to hear.

**Cattle to return to Wanstead Flats?**

THOSE of us who have lived here before mad cow disease hit the country remember the astonishing sight of a band of cows, unaccompanied, wending their way down Leytonstone High Road up Harvey Road and thence to the Flats. Alison O'Connor says that there is a chance of the cows being reintroduced to the Flats in 2004.

*If you would like to join BARA then contact your nearest committee member (see page two). See front page for subscription rates.*

**BETTER VALUE FROM BARA!**



BARA's committee has been working to obtain worthwhile discounts for members.

***Our discount scheme:***

- ◆ **Is yet another benefit of belonging to BARA**
  - ◆ **Pays you to shop locally**
  - ◆ **Supports local shops so it helps to improve our area**
- You can get these discounts from the following local businesses, but you must show your membership card.***

- BUBBLES** (hats and clothes) ..... 10% off everything.  
698 High Road
- PRIMROSE FLORIST**..... 10% off purchases over £10.  
741 High Road
- CENTURY 21** (estate agents) ... 30% off standard commission rate.  
Church Lane
- ZAIN GREETINGS** ..... 10% off all cards and gifts (except special offers/sale items)  
(cards, gifts, stationery)  
48 Church Lane
- DOGS DINNER** ..... 10% off accessories. Other items 5% off purchases over £5.  
(pet and garden shop)  
23 Kirkdale Road
- DEANNA DONOVAN** (beauty... 10% off treatments  
and skincare):working from home **phone: 8558 7223**
- BANSAL OPTOMETRISTS** .... 10% off goods over £50.  
775 High Road
- NATIONAL SCHOOLWEAR..** 10% off general schoolwear. They also stock things like Brownie uniforms.  
841 High Road  
(Near McDonalds)
- IRONICA** (ironware and gifts)... 10% off everything (except Sale items).  
853 High Road
- CHURCH PINE** (furniture) ..... 10% off (except promotions).  
899 High Road
- MONARCH SPORTS** ..... 10% off purchases over £100.  
815 High Road
- MEMORIES** ..... 10% off one-hour or 24-hour film processing. 10% off 35mm and APS reprints. 5% off films.  
Photographic Services  
829 High Road
- FRESH WATER FILTER CO..** 10% off all purchases.  
Carlton House, Aylmer Road
- OCEAN DRY CLEANERS** .... 10% off bills over £50 (eg curtains etc).  
801 High Road
- THE RELAXATION PLACE..** Free aromatherapy treatment with your first appointment: **phone 8539 0001**.  
(aromatherapy face & body treatments): corner Browning Road and High Road (740A)

**The missing benches next to the 'Thinking Man' statue**  
THE BENCHES were stolen, says the council. Following a request from a member, BARA made a number of calls and are assured that the benches will be replaced very soon.  
JUDY SCOTT

**DON'T FORGET our great BARA postcards. A set of four quality cards showing local scenes for just £1. Phone Jo: 020 8530 3569. Also available at the library (but at a slightly higher cost).**