



# The Bush Telegraph

*The quarterly newsletter of The Bushwood Area Residents Association*

Also visit us at [www.bara-leytonstone.org.uk](http://www.bara-leytonstone.org.uk)

## EDITORIAL

### **Are you a member of BARA?**

THE MEMBERSHIP of BARA currently covers approximately 33% of those households eligible to join. This is a good figure but there are still two out of every three households who do not belong to BARA. Those of you who aren't members are receiving this issue of *The Bush Telegraph* to invite you to join, and to attend our Annual General Meeting, to be held at 8pm on Tuesday, 26 September 2006 at St John's Church Hall by the entrance of Matalan.

#### **ANNUAL GENERAL MEETING**

Tuesday 26 September  
8pm

St John's Church Hall

#### **Agenda**

1. Welcome
2. Minutes of AGM 2005
3. Presentation of Accounts
4. Review of Year
5. The year ahead
6. Election of new Committee Members

#### **Refreshments provided**

*Nomination and notices of amendments to  
37A Harvey Road by 12 September.*

BARA is involved in a vast range of topics, from Planning Applications to representation on other local groups as well as social and community events. We have a high profile and are taken seriously by our local Council, our MP, the Police and others who have influence over what life is like in the BARA area and Leytonstone as a whole. In maintaining links with local agencies we ensure that residents' views are taken into account before or during new developments or projects.

BARA Committee members work hard, on a voluntary basis, to meet the needs of our community. If you would like to be able to influence BARA policy, or indeed, to support the work of BARA, please do consider joining the Association. It costs only £2 a year for a single household and £3 a year for a multiple household and for this you also receive discounts from stores and restaurants around the Leytonstone area. (details on page four).

**Make sure that your Residents' Association represents you as you'd like to be represented. We'd love to have you on board. There is a membership envelope enclosed within this BT: please complete the details required, pop in your £2 or £3 membership fee and put it through your nearest Road Representative's door – addresses on page three.**

KATY SMITH

## **ANOTHER SUCCESSFUL LITTER PICK**

THE ANNUAL litter pick was a great success once more. We had fewer people turn up to help which was probably due to the incredibly hot weather. This did not deter us from collecting a great deal of rubbish from the forest surrounding Bushwood which was collected by City of London Corporation. What was worrying was the number of remains of picnic fires which we found on the edge of the football fields. The fire brigade have been called out several times and thankfully only a couple of areas on the open ground were damaged by fire this year.

### **The BARA Committee 2005/2006**

|  |                            |
|--|----------------------------|
| <b>Gareth Dimelow</b> (co-opted)                                       | 11 Barclay Road            |
| <b>Robert Gay</b>  | 137 Mornington Road        |
| <b>Liz Hayman:</b> <i>Membership,<br/>Planning, Police and Website</i> | 54 Leyspring Road          |
| <b>Bernard Lowe:</b> <i>Deputy Chair</i>                               | 56 Browning Road           |
| <b>Doug Sheedy:</b> <i>Treasurer</i>                                   | 11 Barclay Road            |
| <b>Katy Smith:</b> <i>Chair</i>  | 37A Harvey Road            |
| <b>Eileen Walters</b>  | 3 Harvey Road              |
| <b>Dwight Wood</b>   | Carlton House, Aylmer Road |

## *Leytonstone Community Council*

THE LATEST MEETING took place on 24 July and was addressed by a representative from Transport for London (TfL) who outlined some proposed changes affecting our part of the Central Line. Leytonstone Underground Station is planned to be step free by 2008 although there were no details of how this is to be accomplished. In response to customer demand changes have been made to rosters such that staff levels are being maintained and staff are to be more visible.

In October there will be timetable changes to make more trains at off-peak times. Later running will be introduced in 2007 such that trains will leave central London about 1 a.m. Oyster cards should be available on over-ground railways next year.

BERN LOWE

### **SUBSCRIPTION RATES**

**Single people: £2 per year      Households: £3 per year**

## SOCIAL EVENTS

Katy: 020 8556 5162

### QUIZ NIGHT – Saturday 21 October 2006

Here's another opportunity for all you Quiz buffs. The next BARA Quiz Challenge will take place at the Ex-Servicemen's club, Harvey Road starting at 8pm. Teams of 6 are the norm and the entry fee is £2 per person. You can book ahead with Katy or just turn up on the night. Don't worry if you haven't a team as there are always others looking for team members. See you there.

### BARA BIKE RIDE – Sunday 15 October

Organised by Dwight Wood. Meet 10.45am outside Carlton House, Aylmer Road (behind the NatWest Bank). Leave 11am, stopping for lunch, returning no later than 4pm. Route depends on weather.

### INDIAN CURRY COOK-IN

Sunday 8 October 4pm – 7pm

Our wonderful friends at the Star of India have come up with a hot idea for a Sunday Afternoon in October. Shah, the owner, has very kindly offered to demonstrate how to cook some delicious Indian dishes. There will also be an opportunity for some of those present to have a go at preparing some dishes and for everyone to taste what has been cooked. Sounds like a date not to be missed. There are only 20 places available for this event so those interested should contact Katy as soon as possible to book their place. The event will cost just £6 which will include the demonstration and food and Shah is very kindly donating the proceeds to BARA.

**LONDON OPEN HOUSE** weekend  
16 & 17 September.

**LEYTONSTONE CAR FREE DAY**  
17 September

KATY SMITH

## Safer Neighbourhood Panel Meeting

I ATTENDED THIS MEETING at the beginning of August. There have been a few robberies from customers at ATMs in the High Road and the Police Ward Patrol had approached the Council about the idea of exclusion zones on the payment by ATMs. The Council are not keen on having visible exclusion zones painted on the pavement – they see them as pavement litter! If the robberies persist then the Safe Neighbourhood Panel will approach the Council again about visible exclusion zones. The Ward Patrol is also trying to obtain additional posters and signs for the no drinking zones but again the council is against larger signs and posters. The Ward Patrol is looking at possible dispersion orders to move on groups of youths who congregate around the tube station and cause problems. This sort of action has been successful in other areas like Loughton. There is also a new high-tech CCTV van which will be used to target motorists who are speeding and going down one way streets the wrong way.

There had been a spate of burglaries in Fairlop, Wallwood and Medeira Roads but the police were very pleased to advise that the burglar had been caught. They also have fingerprint evidence for some other burglaries and have a good idea who the perpetrator is and hope to make an arrest soon.

The results of a recent survey were that residents wanted a high profile/visibility approach from their Ward Patrols. Further surveys will be done in due course.

LIZ HAYMAN

## PLANNING

I AM PLEASED to report that in July an application for the development of land on Woodville Road between Leyspring and Leybourne Roads was refused by the Planning Committee. The proposed development would have resulted in the overdevelopment of a small area of land to the undoubted detriment of some Leyspring and Leybourne residents. The BARA Committee would like to thank the affected residents for their proactive and co-ordinated approach to opposing the application and would also like to thank LBWF Councillors Clyde Loakes and Marie Pye for their support and help, which was much appreciated by the Committee and the residents concerned.

More recently BARA and affected residents in Bushwood have objected to a loft and cellar conversion proposed at 3 Bushwood.

BARA's authority and influence in relation to planning matters will only continue whilst we represent a significant proportion of residents. We need to ensure that our membership figures do not fall so please don't forget to renew your membership in September – you never know when you might need our help!

LIZ HAYMAN

## BARA COMMITTEE

### What would make you become a Committee member for BARA?

I WANTED to get involved in my neighbourhood and I was concerned by the changes going on in Leytonstone. Katy I was persuaded to join the Committee around 6 years ago by one of my neighbours who knew that I was interested and concerned about my neighbourhood and wanted to contribute to what happened in my community. I have lived in Leytonstone for over 23 years and had been involved in the Local Neighbourhood Watch Scheme and was disappointed when it folded so having been a member of BARA for many years I decided to volunteer and become a Committee Member. Initially all I did was to attend a monthly meeting and deliver the BT once a quarter in my street. I then agreed to become a street co-ordinator and collected the subscriptions from members. Over the years I've become more involved and with a colleague on the Committee I have also organised social events like the Quiz Night etc. I also help organise the annual litter pick on Bushwood which has been very popular over the years. Eighteen months ago I took over the Chair of the Committee during which time we have had some very challenging issues to deal with. I very much enjoy my work on the Committee and would like to encourage other residents to consider becoming Committee Members. You can do as little or as much as you like as there is no pressure for Committee Members to be involved with everything that happens. What we do want to have is a varied cross-section of our diverse community represented on the Committee but can only achieve this if members of BARA attend the AGM or send in a nomination for Committee Membership and join us. Successful Residents' Association thrive on healthy debate and for us to have this we must have sufficient representation from our members. **YOUR RESIDENTS' COMMITTEE NEEDS YOU.** Committee Members are nominated and elected by BARA members at the AGM so please do come along and attend.

KATY SMITH



## The Woodhouse Players

### Woodhouse Players present

*The Dresser* by Ronald Harwood

The very English comedy for everyone who loves the theatre.

Thursday 28, Friday 29 and Saturday 30 September 8pm nightly (plus matinee at 3pm on Saturday)

£6.00/£3.00 (concs)

AND

*Wuthering Heights*

by Charles Vance after Emily Brontë

The timeless story of a passionate and destructive romance.

Thursday 26, Friday 27 and Saturday 28 October 8pm nightly (plus matinee at 3pm on Saturday)

£6.00/£3.00 (concs)

Both at the Welsh Church Hall, Leytonstone High Road, E11

*Advance booking only on  
020 8504 3872 or  
www.woodhouseplayers.co.uk*

## ROAD RESPONSIBILITIES

BARA has an individual "responsible" for each road falling within our area. That individual should be your first point of contact for issues affecting you. S/he will pass on your comments, concerns, subscriptions etc to the Committee member most able to help. The list below shows who is responsible for which road.

Aylmer Road  
Barclay Road  
Barfield Road  
Beacontree Road  
Browning Road  
Bushview  
Bushwood  
Carlton Road  
Dacre Road  
Forest View  
Grove Road  
Hartley Road  
Harvey Road  
High Road  
John Drinkwater  
Leybourne Road  
Leyspring Road  
Lister Road  
Michael Road  
Mornington Road

St Augustine's Court  
St John's Court  
St Mary's Court  
Stanmore Road  
Woodville Road  
Woodbridge House

Dwight Wood, Carlton House, Aylmer Road  
Doug Sheedy, 11 Barclay Road  
Dwight Wood, Carlton House, Aylmer Road  
Cyril Robson, 49 Beacontree Road  
Bern Lowe, 56 Browning Road

*To be confirmed*

Brian Hopson, 49 Bushwood  
Dwight Wood, Carlton House, Aylmer Road  
Dwight Wood, Carlton House, Aylmer Road

Bern Lowe, 56 Browning Road  
Doug Sheedy, 11 Barclay Road

Andrew Shields, 9 Hartley Road

Katy Smith, 37A Harvey Road

Doug Sheedy, 11 Barclay Road

Bern Lowe, 56 Browning Road

Jo Pilc, 57 Leybourne Road

Liz Hayman, 54 Leyspring Road

Doug Sheedy, 11 Barclay Road

Doug Sheedy, 11 Barclay Road

Robert Gay, 137 Mornington Road

and Doug Sheedy, 11 Barclay Road

Katy Smith, 37A Harvey Road

Katy Smith, 37A Harvey Road

Katy Smith, 37A Harvey Road

Liz Hayman, 54 Leyspring Road

*To be confirmed*

Robert Gay, 137 Mornington Road

## NEWS FROM THE CHAIR

*Katy Smith*

WHAT AN AMAZING summer we have had this year and if the scientists are right, this will be the norm in future years. I have to say that I am glad that we decided to hold the front garden competition earlier this year before the hosepipe ban came into operation. I'd like to thank Tesco who very kindly donated vouchers for the Garden Competition prizes. My garden is looking extremely poor at present but no doubt the showers we have been having over the last few weeks will help. With autumn on its way it is now time for me to get back into the garden and knock it into some sort of decent shape before the winter arrives. I think I shall be investing in large sacks of spring bulbs and winter pansies etc to try and restore some sort of order and colour to the garden. You will see from the planning article that we have been busy on behalf of residents in Leybourne and Leyspring Road with a successful outcome. The next task in hand is to deliver this issue of the BT to all households in Bushwood and to encourage you all to attend the AGM and hopefully for some of you to join us on the Committee. We have sadly lost a few committee members over the last few months. Laura Whitehead is moving to Cape Town as soon as her South African husband has finished building the house. Laura joined the Committee around the same time as I did and we have had a lot of fun organising and running the social events together. I would like to convey the Committee's deepest appreciation for the work Laura has done especially organising the annual Litter Pick over

## SEEKING YOUR HELP....

### PENTON VILLA MYSTERY

BARA have been contacted by a local amateur historian, John Rogers, who would like to know if anyone knows of the history behind the naming of the house "Penton Villa" on Lister Road. He can be contacted via his website <http://islingtongue.blogspot.com> and his blog on this subject can be found in the July 2006 folder.

### WANSTEAD PARK

FOLLOWING the consultation on the Integrated Site Plan for Bushwood area another consultation is now underway on the future of Wanstead Park. If you wish to contribute your view on this please contact 020 8508 0028 or e-mail [epping.forest@cityoflondon.gov.uk](mailto:epping.forest@cityoflondon.gov.uk) for a copy of the discussion document and questionnaire. This is being supplemented by two similar guided walks in the park on 16 Sep & 8 Oct. Meet 10am at the Temple.

the last four years. We have also lost Brian Hopson due to other commitments. Brian very ably edited the BT and managed the e-mail box over the last couple of years and has kindly agreed to continue to deliver the BT and continue to look after the e-mail box until I find a replacement hopefully this month. Ann Long has also left the Committee as she is about to move from Bushwood. We convey our thanks to all three for their commitment and for giving their time so freely to BARA.

**LOCAL SHOPPING/SERVICES DISCOUNTS**

BARA's Committee has been able to arrange the following discounts for BARA members.

**Our discount scheme:**

- ◆ Is another benefit of BARA membership
- ◆ Pays you to shop locally
- ◆ Supports local shops, helping to improve our area

|   |                     |
|---|---------------------|
| <b>Adult Literacy</b> – qualified adult .....     | 10%                 |
| literacy tutor: 020 8530 3484                     |                     |
| <b>Bansal Optometrists</b> .....                  | 10% on goods        |
| 775 High Road                                     | over £50            |
| <b>Being Sound</b> .....                          | 15% on day          |
| Voice workshops, counselling and                  | workshops,          |
| psychotherapy: 020 8556 8363,                     | 50% on Friday       |
| 07956 437372                                      | evening             |
| e-mail jas@beingsound.com                         | workshops,          |
| www.beingsound.com                                | negotiable on one-  |
|   | to-one sessions     |
| <b>Billingford</b> .....                          | 10%                 |
| General builders including Corgi                  |                     |
| plumbers and certified electricians               |                     |
| 020 8503 0404                                     |                     |
| <b>Bubbles</b> – hats and clothes .....           | 10%                 |
| 698 High Road                                     |                     |
| <b>Cafe La Rosh</b> .....                         | 10%                 |
| Church Lane                                       |                     |
| <b>Deanna Donovan</b> – beauty and skincare ..... | 20%                 |
| from home: 020 8556 0133                          |                     |
| <b>Door to Door</b> – meals delivered .....       | 10%                 |
| to your door (lunch and dinner M-F)               |                     |
| 07870 157392 (Sally or Mary)                      |                     |
| <b>Fresh Water Filter Co</b> .....                | 10%                 |
| Carlton House, Aylmer Road                        |                     |
| <b>Ironica</b> – ironware and gifts .....         | 10% except sale     |
| 853 High Road                                     | items               |
| <b>Marc Fletcher Photography</b> .....            | 10%                 |
| Weddings a speciality                             |                     |
| 07951 048819, www.marcfletcher.com                |                     |
| <b>Mark Rahaman Dip PT, MRNT, IIHHT</b> .....     | Negotiable          |
| Fully qualified personal trainer and              |                     |
| sports therapist: 07956 239690                    |                     |
| <b>Melvyn Brown</b> .....                         | £10 (20%) off first |
| Photocopier and office                            | hour's labour in    |
| machinery repairs: 020 8530 3569                  | local area          |
| <b>Monarch Sports</b> .....                       | 10% on purchases    |
| 815 High Road                                     | over £100           |
| <b>National Schoolwear</b> .....                  | 10% on general      |
| 841 High Road                                     | schoolwear          |
| <b>Nature's Choice</b> – health food .....        | 10%                 |
| 47 Church Lane                                    |                     |
| <b>Primrose Florist</b> .....                     | 10% on purchases    |
| 741 High Road                                     | over £50. Free      |
|   | delivery in local   |
|   | area                |
| <b>Star of India</b> .....                        | 15% on dining in    |
| 875 High Road                                     | (except buffet      |
| 020 8989 4028                                     | nights and other    |
|   | promotions), 10%    |
|   | on takeaways        |
| <b>UK Creatives</b> .....                         | Free initial        |
| Life coaching services focusing on                | consultation and    |
| work/life balance, career transition/             | 15% discount        |
| progression and goal setting/attaining            | thereafter          |
| 020 8926 0319, www.ukcreatives.net                |                     |
| <b>Videobuffs</b> .....                           | Rent a movie and    |
| 696 High Road                                     | get one free.       |
| 020 8539 9695                                     | Buy one hour on     |
| 10am to 10pm seven days a week                    | Internet and get    |
|   | second hour free    |
| <b>Zain Greetings</b> .....                       | 10% except special  |
| Cards, gifts and stationery                       | offers/sale items   |
| 48 Church Lane                                    |                     |

**ADVERTISEMENTS**

Members' adverts are inserted free. Please send your advert to any Committee member (see page two)

**AVON** Give me a call and I will drop off a catalogue. Patricia Roche: 020 8989 9728 (eve).

**AVON** To order products or become a representative call Yetta Omole 07960 513892 or 020 8556 4653 (eve).

**CARPENTRY & GENERAL BUILDING WORK** Dave Smokcum: 020 8556 8985.

**CAT** carrier for hire. Donation to BARA. Helen: 020 8989 5845.

**DIGITAL HOMES** Consultancy and installation of digital integrated homes, TV/plasma/surround sound/Internet networking/scene lighting/CCTV. Free consultation. Ian at Gemini AVL: 07905 352972.

**DJ TUITION** Experienced DJ offers mixing/scratching tuition plus discounts on equipment. Ian (DJ Blaze): 020 8558 5870.

**FACE PAINTER** available for children's parties etc. Jessica: 07817 880741 or 020 8556 7801.

**FOOTBALL GOAL** Inflatable goal available for BARA members to borrow free of charge. Katy: 020 8556 5162.

**GAZEBO** New BARA gazebo available for rent (£10) or you can borrow our old one for free. Katy: 020 8556 5162.

**GUITAR LESSONS** for beginners in your own home. Jack: 020 8556 3288.

**LOCKSMITH** Richard Boynton: 020 8989 8532 or 07963 713506.

**MATHEMATICS TUITION** for all levels of education from secondary teacher with doctorate. Kevin Allen: 020 8518 8412 60b Browning Road

**MUSIC TEACHER** Piano, recorder and clarinet from complete beginners to Diploma level. Jo Brown: 020 8989 2535.

**PAINTER & DECORATOR** also gardening and general DIY services, Free estimates. Parker's Maintenance: 07914 261985.

**PAINTER & DECORATOR** also general handyman including assembly of flat-pack furniture. Free estimates, reasonable rates. 07706 811022/07951 987806 or 020 8989 9728 (eve).

**PC SOLUTIONS** Having trouble with PC networking or getting bogged down with worms and spyware? Has your WI-FI gone pear-shaped? Or do you want to share a broadband Internet connection? Let a PC specialist with over 15 years' experience help. Roger: 020 7254 2245 or e-mail roger@gann.com

**PSYCHOTHERAPY** 10 years' experience in hypnotherapy and cognitive behavioural therapy. Jeanne: 020 8530 3022.

**SELF DEFENCE AND TAI CHI** instruction for men and women from a 9th Dan Black Belt. Ron Holt: 020 8539 8147.

**SPANISH HOLIDAY HOME** for rent. www.ownersdirect.co.uk Ref S2506.

**STAINED GLASS** created or repaired. Aleyne: 020 8539 5365.

**STAMPS** Used UK and foreign postage stamps wanted for animal charities and Guide Dogs for the Blind. Thank you! Dawn, 46 Michael Road.

**THERAPEUTIC MASSAGE** Experience the bliss of being pampered, feeling relaxed and releasing stress. 22 Stanmore Road. Helen: 020 8989 3840.

**WEBSITE DESIGN AND DEVELOPMENT** See www.hoshi.co.uk for my portfolio or phone Mark: 07815 823650.

**BARA also has a list of local tradespeople. If you would like to see a copy of the list (or to add any local tradespeople to it) please contact a member of the Committee. The list can also be found on our website – address on front page.**

If you would like to join BARA then contact your nearest Committee member (see front page). See front page for subscription rates.