



The Bush Telegraph

The quarterly newsletter of The Bushwood Area Residents Association

Also visit us at www.bara-leytonstone.org.uk

BARA CHAIR KATY SMITH REPORTS:

I'M NOT SURE where the time goes but here we are again with another issue of *The Bush Telegraph*. I always think of Spring as a time of new beginnings and opportunities for new exciting things to do and see.

The BARA Committee members are trying hard to organise events for all residents to enjoy and as you will see from this issue we have already planned several. There's the Quiz Night, with food provided for the first time, so get your booking in quick. There's also the Easter Monday Egg Hunt at Henry Reynolds Gardens which I'm sure will be great fun, so fingers crossed for a dry day. And we're hard at work on plans for a Summer Fête in conjunction with the Friends of Henry Reynolds Gardens in July, as part of the Leytonstone Festival.

In this issue you'll also find a leaflet from Leytonstone Fire Station about having smoke alarms installed or tested so please do contact them. This service is completely free and vital to fire prevention. Read more about it on page four. We'll also be planning another front garden competition, so I hope you're all busily planting out your seedlings, bulbs and plants in time for a wonderful display at the end of May/beginning of June.

A Quiz Night AND Indian buffet for a fiver? Now that's what we call

FOOD FOR THOUGHT

IT'S TIME to get those little grey cells working once again, as the Spring Quiz Night is booked for Saturday 14th April 2007 at the Ex-Servicemen's Club on Harvey Road.

This time around, we thought we'd try something different by providing food. Well, in actual fact, the food will be coming from Waltham Forest's favourite restaurant, *The Star of India*. They've kindly offered to provide a delicious Indian buffet (including vegetarian options) so that if the questions prove too tricky, there'll still be plenty to enjoy.



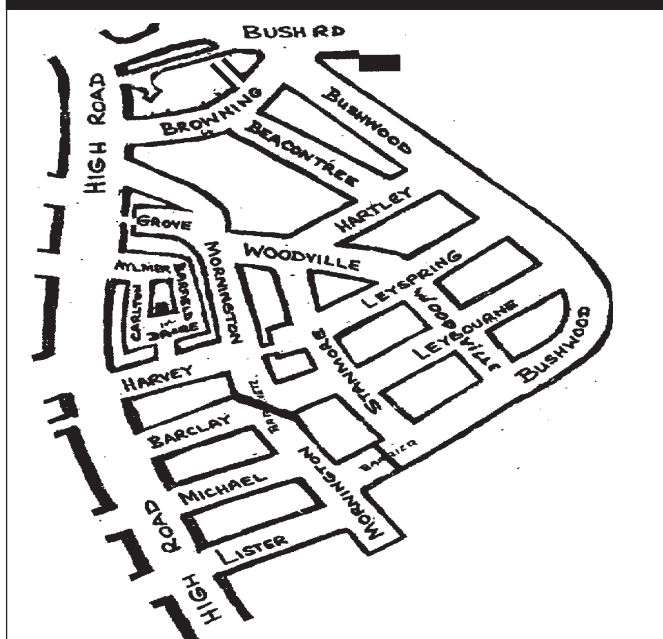
Obviously, this means we've needed to change the entry price slightly, but we feel that £5 for the quiz and a meal represents great value for money. In order to cover the cost of the catering and make sure that everyone's taken care of and guaranteed a place, we'll be taking advanced bookings. You can book your place for what promises to be a great evening by calling **Katy** on 020 8556 5162 or **Bern** on 020 8989 1681 before Easter Monday, 9th April.

The evening will kick off at **7.30pm** with the buffet. The Quiz follows at **8.30pm**, so check your diaries and start swotting up. See you there.

For those who need a hint, there will be a round entitled "What am I talking about?" All answers will be welcome, since I seldom know what I'm talking about.

BERN LOWE

THE BUSHWOOD AREA



WHAT'S ON

at
St John's Church
and theatre at
The Welsh Church

MID-DAY MUSIC

Local music teacher and clarinet performer Joanna Brown will be performing at St John's over the coming months in aid of the Church restoration Fund.

On April 19th at 1pm the Roding Consort, a six-part recorder consort, will be playing a lively and varied programme using many different sizes of recorder. Then, on May 17th, Joanna will be giving a solo clarinet recital in the church.

There will also be a number of free lunchtime concerts at St John's, at 1pm on the following dates:

Thursday 22 March
Thursday 19 April
Thursday 17 May
Thursday 21 June

Alternatively, why not go along to one of the evening concerts at 7.30pm on:

Sat 17 March
Sat 21 April
Sat 14 July

For tickets and other information, please call 020 8520 3771.

If your diary isn't too full already, you might also want to bear in mind a speech by Gerry Everett, Bank of England and the City of London, on Wednesday 25th April at 8pm. Or if music's more your thing, visit the Choirs Festival and free concert on the afternoon of Saturday 12th May.

THREE IN ONE

THE WOODHOUSE PLAYERS presents a triple bill of one-act plays, offering something for everyone.

Performances will take place at 8pm on Thursday 12th, Friday 13th and Saturday 14th April at the Welsh Church Hall opposite O'Neill's on the High Road.

There will also be a matinee performance at 3pm on Saturday 14th.

Tickets are £6.00 / £ 3.00 (concs). For advance booking, call 020 8504 3872 or visit

www.woodhouseplayers.co.uk

GARETH DIMELOW

PLANNING

LIZ HAYMAN

THE APPLICATION mentioned in the last *Bush Telegraph* to convert 16 Bushwood from a hostel to a family home has been approved by the planning department. BARA has not made any further objections to applications for planning permission since the last *Bush Telegraph*.

BARA has a list of local tradespeople. If you would like to see a copy of the list (or to add any local tradespeople to it) please contact a member of the Committee. Visit our website – address on page one – or see page three.

Reduction of street robbery – mobile phone crackdown and less vehicle crime – it all makes for

Safer neighbourhoods

THE SAFER NEIGHBOURHOOD TEAM'S main priority at the moment is the reduction of street robbery. High visibility patrols have been introduced and a CCTV van is being used. Meanwhile, people are advised to be careful when using mobile phones in the street, especially around the Tube Station, as this may result in you being targeted for robbery. The Team is currently investigating how the pedestrian footbridges could also be made safer for users.

Recently, vehicle crime in the area has been reduced, thanks in part to the Team writing to car owners who have left their property on display when parking their cars.

The recent introduction of a three-point penalty for drivers using mobile phones without a hands-free device has been welcomed by the police, who promise to be vigilant in enforcing this new penalty. In addition to visual identification of breaches of the law by police officers, existing CCTV cameras with number plate recognition capability will be used to identify offenders.

Speaking of CCTV, investigations into using this technology to catch motorists driving the wrong way on Harvey Road are progressing. And finally, CCTV has also proved successful in helping to clamp-down on illegal parking near the Tube Station. LIZ HAYMAN

SUBSCRIPTION RATES

Single people: £2 per year Households: £3 per year



WHERE DO CREATIVE people get their inspiration from? Well, for Leytonstone's most famous son, Alfred Hitchcock, it was in one of the 200 seats of the Electric Theatre Cinema, which opened in 1910. This famous picture house became the State Cinema in 1936, at which time it was given an art deco façade, which still exists to this day. Over the years, the building pioneered the celebration of a number of genres including silent, black and Asian film-making.

Snooker hall

What most people don't realise is that this great building is still with us, albeit in a somewhat dilapidated state – it's currently a disused snooker hall on the High Road. When the lease for this historical building came up recently, a local steering group of enthusiasts recognised the opportunity to reinstate it as a cinema. They're currently looking into the feasibility of restoring the Edwardian auditorium and developing the site as a community media resource. It's felt that as well as a small 100-seater cinema, the site could also house a café and

The BARA Committee 2006/2007

Karen Bateman: <i>Social</i>	4A Barclay Road
Gareth Dimelow: <i>Editor/Social</i>	11 Barclay Road
Susan Gann	4 Hartley Road
Robert Gay	137 Mornington Road
Liz Hayman: <i>Membership, Planning and Website</i>	54 Leyspring Road
Janet Lee	27 Beacontree Road
Bernard Lowe: <i>Deputy Chair</i>	56 Browning Road
Janet Morris-Thompson	9 Barclay Road
Doug Sheedy: <i>Treasurer</i>	11 Barclay Road
Katy Smith: <i>Chair</i>	37A Harvey Road
Dwight Wood	Carlton House, Aylmer Road

ROAD REPRESENTATIVES

BARA has an individual "responsible" for each road falling within our area. That individual should be your first point of contact for issues affecting you. S/he will pass on your comments, concerns, subscriptions etc to the Committee member most able to help. The list below shows who is responsible for which road. Can't find your road representative? Then take your query to your nearest road rep.

Aylmer Road	Dwight Wood, Carlton House, Aylmer Road
Barclay Road	Doug Sheedy, 11 Barclay Road
Barfield Road	Dwight Wood, Carlton House, Aylmer Road
Beacontree Road	Cyril Robson, 49 Beacontree Road
Browning Road	Bern Lowe, 56 Browning Road
Bushview	<i>To be confirmed</i>
Bushwood	Brian Hopson, 49 Bushwood
Carlton Road	Dwight Wood, Carlton House, Aylmer Road
Dacre Road	Dwight Wood, Carlton House, Aylmer Road
Forest View	Bern Lowe, 56 Browning Road
Grove Road	Doug Sheedy, 11 Barclay Road
Hartley Road	Andrew Shields, 9 Hartley Road
Harvey Road	Katy Smith, 37A Harvey Road
High Road	Doug Sheedy, 11 Barclay Road
John Drinkwater	Bern Lowe, 56 Browning Road
Leybourne Road	Jo Pilc, 57 Leybourne Road
Leyspring Road	Liz Hayman, 54 Leyspring Road
Lister Road	Joyce Quarrie, 42 Lister Road
Michael Road	Sue House, 32 Michael Road
Mornington Road	Robert Gay, 137 Mornington Road and Doug Sheedy, 11 Barclay Road
St Augustine's Court	Katy Smith, 37A Harvey Road
St John's Court	Katy Smith, 37A Harvey Road
St Mary's Court	Katy Smith, 37A Harvey Road
Stanmore Road	Helene Loukaides, 34 Stanmore Road
Woodville Road	<i>To be confirmed</i>
Woodbridge House	Robert Gay, 137 Mornington Road

several film post-production suites. Best of all, the newly regenerated cinema would commemorate Alfred Hitchcock's heritage and support the next generation of film-making talent.

But there's a lot of work to be done, starting with the establishment of a proper business plan and raising funds to protect and renovate the building.

Community support needed

Many of the cinema's original features remain, including an ornate barrel ceiling, so the Heritage Lottery Fund has expressed an interest in getting involved. Waltham Forest Arts Council and Leytonstone Community Council have also responded favourably to the proposal so far. Now what's needed is wider community support for this exciting project.

If you'd like to get involved, or simply wish to register your interest, please email Chris Davis at ced235@hotmail.com

GARETH DIMELOW

Forest matters



IF YOU SENT a response to the recent ‘cattle grazing’ consultation and registered your address, you should soon receive a copy of the Phase One consultation document that was submitted to Epping Forest and Commons Committee.

Depending on the outcome of the next meeting, the plan is that a further public consultation will take place in April/May. If you’d like to be involved, please contact the Epping Forest Visitor Centre on 020 8508 0028 or email:

eppingforest@cityoflondon.gov.uk

We’re also hoping to be able to feed back some of the results from the Wanstead Park Integrated Site Plan consultation in the next *Bush Telegraph*. BERN LOWE

“No smoke without fire” – but “prevention is better than cure”

LEYTONSTONE FIREFIGHTERS ENSURE COMMUNITY SAFETY

THE BARA COMMITTEE was recently paid a visit by Richard Mills, manager of Leytonstone Fire Station. He’s been busy recently contacting schools and other community organisations to talk through the many services that he and his team can offer.

These days, fighting fires only accounts for a small percentage of the Fire Service’s time. That’s because the rest of it is spent on taking more preventative measures through a variety of community safety initiatives.

For instance, did you know that the Fire Service will come to your home and conduct a full fire safety assessment? Or that they will also fit smoke alarms for free? We didn’t, and we thought this was a service you might like to know about.

If you’re concerned about protecting yourself and your family from the dangers of a housefire, it’s well worth contacting Richard’s team. All you need to do is call the Fire Station on 0207 587 4130 to register your interest. Then, two members of the Fire Team will visit your home, assess any fire risks, and fit new smoke alarms.

For those of you who are wary of letting strangers into your home, the Fire Team can also provide you with a security password for extra peace-of-mind. In this edition of the BT, you’ll find a flyer that explains the service in more detail. GARETH DIMELow

Keep in touch

HAVE YOU been receiving your regular email bulletins from BARA? If not, it might be that you’ve changed your Internet Service Provider, or simply use a different email than when you first joined. If you haven’t heard from us in a while, let us know and we’ll do our best to update all your contact details accordingly. Please email your name and new details to Committee member Susan Gann: **susangann.bara@googlemail.com**

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STAY SAFE!

YOU MAY HAVE heard about a spate of muggings recently where Harvey Road meets Mornington Road. The police are investigating the problem, but in the meantime, it’s worth remembering to stay on the look-out. If you’re at all concerned for your own safety or security, be sure to call 999 for emergency assistance, rather than calling your local police station.

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Planning for BARA's first-ever fête in July is well under way. We've joined forces with the Friends of Henry Reynolds Gardens and the Leytonstone Festival organisers, and with your help we'll make sure that this BARA ground-breaker is a success. So, as *Gareth Dimelow* says,

OUR FÊTE IS SEALED

IT MIGHT SEEM a long way off, but you might want to make a note of **Sunday, 8th July** in your diary. That's the day we'll be holding our very first BARA summer fête, and it promises to be a great day out for the whole family.

This will be the first Sunday of the Leytonstone Festival, so we'll be working with the festival organisers to tie things together. And with the Henry Reynolds Gardens as the ideal venue, it makes perfect sense to make it a joint event with the friends of the gardens. We've already got together with FOHRG to start planning and there's a lot to be done.

Easter Egg Hunt

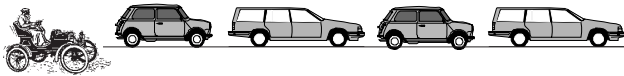
The Friends of Henry Reynolds Gardens are arranging an Easter Egg Hunt for local kids on 9th April (that's Easter Monday). Bring the kids along to see if they can find all the clues and win a chocolate egg. Times haven't been finalised yet, so keep your eyes peeled for posters around Bushwood closer to the date.

On the day there'll be representatives from locally run business and services, bring & buy stalls, food and drink, and of course, a selection of home-made pies, cakes, jams and preserves. Now, this is where you can get involved.

An event like this depends on the whole community getting involved, so start saving up those empty jars now. If you've always wanted to make your own jam, this is the perfect time to give it a go. Or why not resurrect those long-forgotten baking skills?

And don't forget that we'll take any unwanted items for the bring & buy stalls – books, games, CDs, videos and DVDs especially welcome. We're happy to come and collect things well in advance of the day, you can start decluttering today. That way, you won't have to turn up on the 8th July laden with boxes either! If you need a hand, just call Gareth Dimelow or Doug Sheedy on 020 8558 9115.

One last thing to mention – we've got a lot planned for the day, so it's going to be all hands on deck. If you think you could help out for an hour or two, please let us know so that we can get things arranged.



Results of Controlled Parking Zone survey

WE HAVE been advised by Cllr Loakes that residents in Stanmore Road and Woodville Road voted for inclusion in the CPZ Scheme. Residents in the other roads surveyed have voted against the CPZ so will not be surveyed for another three years.

We have also been advised that the parking bays will only be placed in front of houses so there will be parts of Woodville Road which are not included in the scheme. That means that there will still be space for cars from other streets and commuters. Residents in Woodville Road who decide they don't want to pay for a residents' parking permit, or who have more than one car could also park in this space.

Residents in neighbouring streets will have to wait to see what effect the extension of the CPZ scheme will have on their roads. We are still pushing the council to restrict the CPZ to just one hour per day like they have in Wanstead. Remember, the more people who contact the council to support this idea, the more chance we have of persuading the council to change their policy.

KATY SMITH

BARA PHOTO COMPETITION

WE ADVERTISED the photo competition last year and hoped to receive lots of entries. Sadly we only received one photograph so I'm afraid there were no winners. Maybe we should try again this year but let's make it photographs that illustrate Bushwood for you. We did receive a few photographs from residents following the snow flurry at the beginning of February and we have placed these on the website.

KATY SMITH



Attention all book-lovers – Leytonstone Library is reopening

AS YOU will all know, the library has been closed for refurbishment for what seems a long time. But we've been informed that the work is almost finished and the library will reopen on

Monday 2nd April. I'm sure everyone will be happy to see this facility open to the community again. I know I'm looking forward to seeing what changes and improvements have taken place.

KATY SMITH

Lots of stuff to dump – but you've no car to take you to the tip? Worry not, help is at hand. So listen up while

DOUG SHEEDY TALKS RUBBISH

WE'RE SURE YOU'LL AGREE that nothing looks worse than an untidy street, but sometimes, it's hard to know what to do with all the extra rubbish we create. Having tackled a lot of home renovations in the last year, Doug Sheedy was surprised to find just how easy it was to get rid of large amounts of waste. Here are some of his suggestions, whether you're planning a light spring clean or a full-scale clear out.

Did you know that the Council provides three free special collections each year to every domestic household? The year runs from 1st April to 31st March, and these special collections cover such items as:

- ◆ up to 10 light sacks of household or garden waste
- ◆ a three-piece suite
- ◆ a dining room suite (table and 4 chairs)
- ◆ one double, or two single wardrobes or
- ◆ a bed frame and mattress
- ◆ one item of white goods, such as a fridge, cooker or washing machine

Please bear in mind that this service doesn't include fixtures and fittings, carpets, construction waste or garden fixtures.

If you find that you need more than three collections in a year, further pick-ups can be arranged for a nominal fee. This starts at £23.50 (£20.00 plus VAT), and all collections will be carried out within ten working days. To request a collection, please call Waltham Forest Direct on 020 8496 3000.

Fly Tipping

To help tackle this major anti-social problem, the council has set up a Rapid Response Squad for the Borough that specialises in clearing dumped rubbish. They aim to clear rubbish from public land

within 24 hours of it being reported, and you can do this by filling in the online reporting form at www.walthamforest.gov.uk/webforms/flytipping/ or by calling Waltham Forest Direct on 020 8496 3000.

Don't forget that on private land, it's the responsibility of the owner or occupier to have fly tipping cleared, and the council may serve legal notice to ensure that this happens. DOUG SHEEDY

Business Forum report

THINGS ARE MOVING along on the plans for the Leytonstone Business Improvement District (BID), with the next stage involving all businesses in the district being balloted. This is planned for 23rd April and if the necessary 51% in favour is obtained, the BID will go ahead. The area covered by BID is from the Green Man Junction to Leytonstone High Road station, and from Bushwood to the Central Line. You can find out more about the BID at www.lsbfi.info

The Business Forum has some 24 projects it's currently looking into. These include solar powered street lighting, improvement to the streetscape with regards to frontages & signs, the creation of a safer, greener environment, and for Town Centre management to be devolved to the BID. BERN LOWE

ADVERTISEMENTS

Members' adverts are inserted free. Please send your advert to any Committee member (see page three)

AVON Give me a call and I will drop off a catalogue. Patricia Roche: 020 8989 9728 (eve).

AVON To order products or become a representative call Yetta Omole 07960 513892 or 020 8556 4653 (eve).

CARPENTRY & GENERAL BUILDING WORK Dave Smokcum: 020 8556 8985.

CAT carrier for hire. Donation to BARA. Helen: 020 8989 5845.

DIGITAL HOMES Consultancy and installation of digital integrated homes, TV/plasma/surround sound/Internet networking/scene lighting/CCTV. Free consultation. Ian at Gemini AVL: 07905 352972.

DJ TUITION Experienced DJ offers mixing/scratching tuition plus discounts on equipment. Ian (DJ Blaze): 020 8558 5870.

FACE PAINTER available for children's parties etc. Jessica: 07817 880741 or 020 8556 7801.

FOOTBALL GOAL Inflatable goal available for BARA members to borrow free of charge. Katy: 020 8556 5162.

GAZEBO New BARA gazebo available for rent (£10) or you can borrow our old one for free. Katy: 020 8556 5162.

GUITAR LESSONS for beginners in your own home. Jack: 020 8556 3288.

IT'S THAT TIME of year when gardens should be prepared for the coming growing season. Willing worker will dig, lift and carry, under your instructions. 020 8989 1681 and leave a message for Graham. References available.

LOCKSMITH Richard Boynton: 020 8989 8532 or 07963 713506.

MATHEMATICS TUITION for all levels of education from secondary teacher with doctorate. Kevin Allen: 020 8518 8412 60b Browning Road

MUSIC TEACHER Piano, recorder and clarinet from complete beginners to Diploma level. Jo Brown: 020 8989 2535.

NEED A HAND with the housework? Friendly and reliable local cleaner available for regular domestic work. For more information call Karen: 07894 748 833. References available on request.

PAINTER & DECORATOR also gardening and general DIY services, Free estimates. Parker's Maintenance: 07914 261985.

PAINTER & DECORATOR also general handyman including assembly of flat-pack furniture. Free estimates, reasonable rates. 07706 811022/07951 987806 or 020 8989 9728 (eve).

PC SOLUTIONS Having trouble with PC networking or getting bogged down with worms and spyware? Has your WI-FI gone pear-shaped? Or do you want to share a broadband Internet connection? Let a PC specialist with over 15 years' experience help. Roger: 020 7254 2245 or e-mail roger@gann.com

PSYCHOTHERAPY 10 years' experience in hypnotherapy and cognitive behavioural therapy. Jeanne: 020 8530 3022.

SELF DEFENCE AND TAI CHI instruction for men and women from a 9th Dan Black Belt. Ron Holt: 020 8539 8147.

SPANISH HOLIDAY HOME for rent. www.ownersdirect.co.uk Ref S2506.

STAINED GLASS created or repaired. Aleyne: 020 8539 5365.

STAMPS Used UK and foreign postage stamps wanted for animal charities and Guide Dogs for the Blind. Thank you! Dawn, 46 Michael Road.

THERAPEUTIC MASSAGE Experience the bliss of being pampered, feeling relaxed and releasing stress. 22 Stanmore Road. Helen: 020 8989 3840.

WEBSITE DESIGN AND DEVELOPMENT See www.hoshi.co.uk for my portfolio or phone Mark: 07815 823650.

LOCAL SHOPPING/SERVICES DISCOUNTS

BARA's Committee has been able to arrange the following discounts for BARA members.

Our discount scheme:

- ◆ Is another benefit of BARA membership
- ◆ Pays you to shop locally
- ◆ Supports local shops, helping to improve our area

Don't forget to take your BARA membership card with you when you claim your discount

Adult Literacy – qualified.....	10%
adult literacy tutor: 020 8530 3484	
Bansal Optometrists	10% on goods over £50
775 High Road	
Being Sound	15% on day workshops, counselling and psychotherapy:
8556 8363, 07956 437372 e-mail jas@beingsound.com www.beingsound.com	
Billingford	10% on Friday evening workshops, negotiable on one-to-one sessions
Billingford	10%
General builders including Corgi plumbers and certified electricians 020 8503 0404	
Bubbles – hats and clothes.....	10%
698 High Road	
Cafe La Rosh	10%
Church Lane	
Deanna Donovan – beauty.....	20%
and skincare from home: 020 8556 0133	
Door to Door – meals delivered....	10%
to your door (lunch and dinner M-F) 07870 157392 (Sally or Mary)	
Fresh Water Filter Co	10%
Carlton House, Aylmer Road	
Ironica – ironware and gifts	10% except sale items
853 High Road	
Marc Fletcher Photography	10%
Weddings a speciality 07951 048819, www.marcfletcher.com	



Mark Rahaman Dip PT, MRNT, IIHHT	Negotiable
Fully qualified personal trainer and sports therapist: 07956 239690	
Melvyn Brown	£10 (20%) off first hour's labour in local area
Photocopier and office machinery repairs: 020 8530 3569	
Monarch Sports	10% on purchases over £100
815 High Road	
National Schoolwear	10% on general schoolwear
841 High Road	
Nature's Choice – health food	10%
47 Church Lane	
Primrose Florist	10% on purchases over £50. Free delivery in local area
741 High Road	
Star of India	15% on dining in (except buffet nights and other promotions), 10% on takeaways
875 High Road 020 8989 4028	
UK Creatives	Free initial consultation and 15% discount thereafter
Life coaching services focusing on work/life balance, career transition/progression and goal setting/attaining 020 8926 0319, www.ukcreatives.net	
Videobuffs	Rent a movie and get one free. Buy one hour on Internet and get second hour free
696 High Road 020 8539 9695 10am to 10pm seven days a week	
Zain Greetings	10% except special offers/sale items
Cards, gifts and stationery 48 Church Lane	

If you would like to join BARA then contact your nearest Committee member (see page three). See page two for subscription rates