



The Bush Telegraph

The quarterly newsletter of The Bushwood Area Residents Association

Also visit us at www.bara-leytonstone.org.uk

BARA CHAIR KATY SMITH REPORTS:

BY THE TIME you read this, summer will probably be over – although we hardly seem to have had one this year. Still, at least we didn't suffer the adverse weather conditions that flooded other parts of the UK. Here's hoping that we might see something of an Indian summer in September!

Despite the disappointing weather we've had in recent months, I'm happy to say it's still been a successful summer for us. I'd like to thank everyone who came out on Sunday 8th July for our big summer fete in the Henry Reynolds Gardens. This really was a community event in the truest sense of the word, organised by BARA and the Friends of Henry Reynolds Gardens, and attended by hundreds of people from right across Leytonstone. You'll find more about this on **page four**. The weather also failed to dampen the spirits of all you budding gardeners, so to find out about the results of our annual Front Garden Competition turn to **page four**.

Looking ahead, there's another Quiz Night arranged for the beginning of November, which we hope will be just as popular and successful as the last one. See **page five** for more details, including how to book your place.

In other news, I attended the launch of the successful e11bid in July which was held at the Ivory Mansion. In case you haven't spotted it yet, it's a brand new hospitality and conference venue in the old cinema/snooker hall just beyond the bridge on Leytonstone High Road. It really is a stunning venue, and can be hired out for all sorts of events – I think it will be very popular for weddings.

On the subject of the e11bid committee, BARA has asked for a place on the board to ensure that the voice and opinions of the residents are heard and considered for any new development in the High Road. I think exciting times lie ahead for businesses in Leytonstone, it's so important that we continue to develop our commercial centre and encourage the right sort of businesses to move to Leytonstone in the future.

Of course, we'll keep you right up to date on any new developments through the website, forum or BT. If you have an email address but haven't yet registered for updates, just drop us a line at

susangann.bara@gmail.com

*But remember, you must be a BARA member to receive our updates or join in the members' forum. Why not use the enclosed envelope to subscribe now? See **page three** for details.*

I hope you find this issue of the BT interesting and thought-provoking. And if you have any feedback or subjects you'd like us to cover, please do get in touch. Hope to see you at the AGM!

ANNUAL GENERAL MEETING

Please try to come along to our Annual General Meeting on Wednesday 26th September at 8pm in St John's Church Hall. Light refreshments will be provided.

The AGM is the most important meeting in the calendar, since it's when we elect the new committee and discuss any proposed changes to the Constitution. Remember, this is your committee, so if you're interested in or concerned about what goes on in the community, this is the ideal forum to come along and contribute to the discussion – all ideas are welcome!

So pop the date in your diary and we'll hope to see you there on the night. To give you an idea of what to expect, please take a look at the agenda below:

AGENDA

- 1. Welcome**
- 2. Minutes of the Annual General Meeting 2006**
- 3. Presentation of Audited Accounts**
- 4. Review of the Year**
- 5. Annual Subscriptions**
- 6. Election of New Committee Members**

What's on

◆ **St John's Michaelmas Fair** will be held on *Saturday 29th September from 11am – 4pm* in the Church Hall. There will be home-made cakes, marmalade, pickled onions and mulberry jelly on sale, as well as plants, hand-knitted garments, books, attic treasures and gift stall. **Admission is free, so do try to go along.**

◆ **St John's Concert Programme**

Thursday 20th September 1pm: Inge Lise Soprani and Viva Genoa Piano

Thursday 18th October 1pm: Lorraine Tyler, clarinet recital

Thursday 22th November 1pm: Serenata Quintet woodwind ensemble

Saturday 17th November 7.30pm: Maud Hodson, cello recital. Tickets £10/£7 concessions, refreshments included

Saturday 15th December 7.30pm: Victoria McLaughlin and friends Christmas Concert. Tickets £10/£7 concessions, refreshments included

The 1pm lunchtime concerts are free, with a retiring collection for the St John's Church restoration fund.

KATY SMITH

ALL THE WORLD'S A STAGE

Two more exciting performances from the highly acclaimed Woodhouse Players:

TWO – by Jim Cartwright

The play about life in a pub set in..... a bar!

Saturday 29th September at 8pm

Sunday 30th September at 3pm and 8pm

At the Ex-Servicemen's Club, Harvey Road, E11 (behind Zulus)

£6.00/£3.00 (concs)

Advance booking only. Phone 020 8504 3872 or www.woodhouseplayers.co.uk

TWELFTH NIGHT – by William Shakespeare

Thursday 25th – Saturday 27th October

8pm nightly plus 3pm on Saturday

Welsh Church Hall, 879 Leytonstone High Road, E11 (opposite O'Neill's)

£6.00/£3.00 (concs)

Advance booking only. Phone 020 8504 3872 or www.woodhouseplayers.co.uk

PLANNING

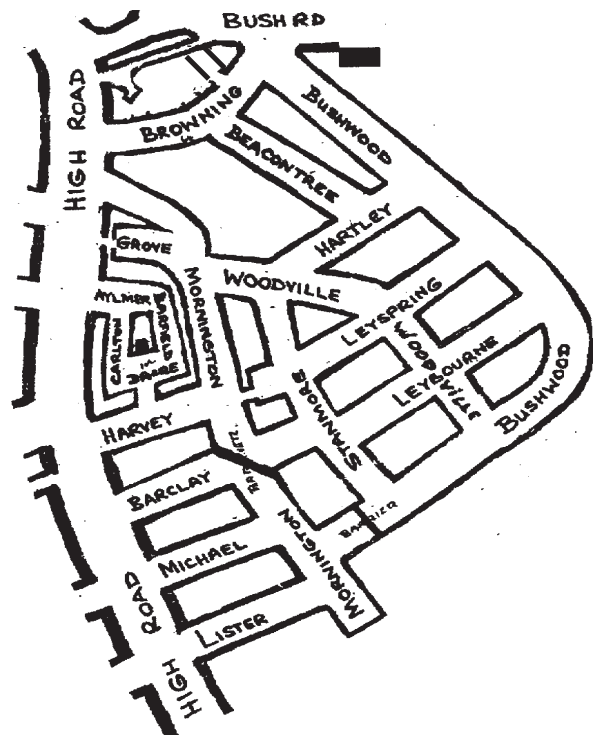
LIZ HAYMAN

I AM PLEASED to report that in July an application for the development of land between the High Road and Carlton Road (at the rear of 680 High Road) was refused by the Planning Committee. The proposed development would have involved the construction of a four-storey training centre with a roof terrace which would have resulted in the overdevelopment of a small area of land to the undoubted detriment of some Carlton Road residents.

The BARA committee would like to thank Maryiam Quadir of 4 Carlton Road for her proactive approach in organising a coordinated response by residents opposing the application. Thanks also to LBWF Councillors for their support and help, which was much appreciated by the committee and the residents concerned.

BARA's authority and influence in relation to planning matters will only continue whilst we represent a significant proportion of residents. We need to ensure that our membership figures do not fall so please don't forget to renew your membership in September – you never know when you might need our help!

THE BUSHWOOD AREA



ANNUAL SUBSCRIPTIONS

IT'S THAT TIME OF YEAR again when we collect membership fees for BARA. We like to give everyone the opportunity to join, which is why every home in Bushwood should receive this copy of the BT. As usual, you'll find an envelope attached to this edition – to pay, simply pop your subscription to BARA in the envelope provided and drop it through the door of your nearest Road Representative – there's a full listing below.

Although fees remain at £2 for a single member and £3 for a household, at a recent committee meeting we had a discussion about making the format more flexible. We discussed the possibility of offering a five-year membership to allow members to avoid the yearly renewal process. Pricing would remain the same, with a five-year membership being five times the annual membership fee. Under our Constitution, any changes to the membership fee need to be agreed upon by our members, so this will be a discussion point at the upcoming AGM. *More details on the agenda for this important meeting can be found on page one.* KATY SMITH

Gimme shelter!

GIVEN the dreadful summer weather, it's been difficult to get out and about. However, your friendly BARA committee has a possible solution – if you need some outside cover for an event, or maybe just a garden party, we do have a rather smart gazebo available for hire. It's brand new and highly versatile with detachable side panels. If you'd like to borrow it, you're very welcome. All we ask is that you leave a £90 deposit, fully returnable as long as the gazebo is returned undamaged.

GARETH DIMELow

The BARA Committee 2006/2007

Karen Bateman: <i>Social</i>	4A Barclay Road
Gareth Dimelow: <i>Editor/Social</i>	11 Barclay Road
Susan Gann: <i>Email/Forum Editor</i>	4 Hartley Road
Robert Gay	137 Mornington Road
Liz Hayman: <i>Membership, Planning and Safer Neighbourhoods</i>	54 Leyspring Road
Janet Lee: <i>Secretary</i>	27 Beacontree Road
Bernard Lowe: <i>Deputy Chair</i>	56 Browning Road
Shirley Morris-Thompson	9 Barclay Road
Doug Sheedy: <i>Treasurer</i>	11 Barclay Road
Katy Smith: <i>Chair</i>	37A Harvey Road
Dwight Wood	Carlton House, Aylmer Road

BARA SUBSCRIPTION RATES

Single people: £2 per year Households: £3 per year

ROAD REPRESENTATIVES

BARA has an individual responsible for each road falling within our area. That individual should be your first point of contact for issues affecting you. S/he will pass on your comments, concerns, subscriptions etc to the committee member most able to help. The list below shows who is responsible for your road. Can't find your road representative? Then take your query to your nearest road rep.

Aylmer Road	Dwight Wood, Carlton House, Aylmer Road
Barclay Road	Doug Sheedy, 11 Barclay Road
Barfield Road	Dwight Wood, Carlton House, Aylmer Road
Beacontree Road	Cyril Robson, 49 Beacontree Road
Browning Road	Bern Lowe, 56 Browning Road
Bushview	Karen Bateman, 4A Barclay Road
Bushwood	Brian Hopson, 49 Bushwood
Carlton Road	Dwight Wood, Carlton House, Aylmer Road
Colt's Yard	Dwight Wood, Carlton House, Aylmer Road
Dacre Road	Dwight Wood, Carlton House, Aylmer Road
Forest View	Bern Lowe, 56 Browning Road
Grove Road	Doug Sheedy, 11 Barclay Road
Hartley Road	Andrew Shields, 9 Hartley Road
Harvey Road	Katy Smith, 37A Harvey Road
High Road	Doug Sheedy, 11 Barclay Road
John Drinkwater	Bern Lowe, 56 Browning Road
Leybourne Road	Jo Pilc, 57 Leybourne Road
Leyspring Road	Liz Hayman, 54 Leyspring Road
Lister Road	Joyce Quarrie, 42 Lister Road
Michael Road	Sue House, 32 Michael Road
Mornington Road	Robert Gay, 137 Mornington Road and Doug Sheedy, 11 Barclay Road
St Augustine's Court	Katy Smith, 37A Harvey Road
St John's Court	Katy Smith, 37A Harvey Road
St Mary's Court	Katy Smith, 37A Harvey Road
Stanmore Road	Liz Hayman, 54 Leyspring Road
Woodville Road	Susan Gann, 2 Hartley Road
Woodbridge House	Doug Sheedy, 11 Barclay Road

We've heard from several people around Bushwood who are concerned about squatters so, whether you're a concerned neighbour or homeowner with some unwanted tenants, here are a few hints on what to do about

THE ENEMY NEXT DOOR

HAVE YOU EVER HAD THAT FEELING when you see the house next door come up for sale or rent? When you start to worry about who's going to move in, and whether or not they'll be good neighbours? The problem is, sometimes we find ourselves with new neighbours without any warning – especially when they move in without permission.

You may not realize it, but in the eyes of the law there is a difference between squatters and trespassers. A squatter is someone who occupies an empty or abandoned property without the owner's permission, often without their knowledge or any legal right to do so. Unfortunately, genuine squatters cannot be moved without a court order. Alternatively, a trespasser can be removed immediately by the police as long as you act quickly and the evidence of forced entry is still present.

Clearly, it's best to avoid the problem by making sure people don't squat in the first place. Property owners should make sure buildings are adequately secured, and neighbours need to keep their eyes open and report any sign of a break-in. More drastic measures include the removal of plumbing and toilets. But your best bet is to give the impression that the building is already occupied by leaving curtains in place, putting lights on timer switches and asking neighbours to pop in if you're not around to do it yourself.

However, if a genuine squatter has taken possession

of a building, they have rights and cannot be evicted from premises without a court possession order (eviction order). If you find yourself in this situation, here's what you should do:

Step 1: Contact the police immediately – and try to be present when they attend.

Step 2: If the police can't help, start legal proceedings for an Interim Possession Order. This needs to be done within 28 days of becoming aware of the squatters. The action should be started by using a "claim form" in the County Court where you can also get the necessary forms.

If the court grants an interim possession order, the squatters will be required to leave within 24 hours and not return within 12 months. If the squatters refuse to leave, they are committing a criminal offence and risk being arrested by the police or court bailiff and may be subject to a fine and/or imprisonment.

GARETH DIMELOW

WELL WORTH IT

IN THE LAST couple of BTs you might have read about our big summer fete organised in collaboration with Friends of Henry Reynolds Gardens. We're happy to report that the day itself was a huge success, with several hundred people in attendance, all making the most of the uncharacteristically good weather.

On the day we had food and drinks provided by Shah from the Star of India, music provided by the Leytonstone Festival organisers, and a host of stalls and displays from

businesses and services from right across the area. So thanks go to everyone who got involved, particularly St John's Ambulance, and the local police and fire services.

Everyone seemed to enjoy themselves, even the llama from Brooks Farm which kept many of the kids amused. So thank you to everyone who braved the lovely sunny weather and came along to make it a day to remember. Now we just need to start planning next year's!

GARETH DIMELOW



Blooming marvellous

ON A LOVELY warm day in June two members of the BARA Committee walked all round Bushwood to judge our Front Garden Competition. We picked out a shortlist of 14 gardens, and from that we decided on our three finalists.

Congratulations go to the following winners:

1st place: 10 Hartley Road

2nd place: 22 Browning Road

3rd place: 36 Stanmore Road

As in previous years, there were a number of other

gardens that were blooming marvellous and could have won, but they weren't members of BARA. It was a real shame not to be able to reward such lovely gardens, since they really did merit a prize.

Of course, the moral of the story is to make sure you're a member of BARA, so that next time your hard work will really be worth it! In the meantime, we'd like to thank everyone who puts so much effort into making Bushwood such an attractive and appealing place to be.

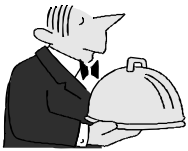
KATY SMITH

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Easy... if you know the answers!

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QUIZ LOVERS – make a note of 3rd November. That’s the date of our next quiz night, and we’re happy to report that once again we can look forward to a wonderful Indian Buffet courtesy of the Star of India. Those of you who made it to the last quiz will agree what a great night it was, so we’re delighted to be able to do it all again.



The prices are £8 for food and quiz

participation, and if you’d like to play but not eat, the price will be £3. As before, we’ll need to get an idea of numbers so we’ll ask you to make your booking by 27th October. Oh, and a word to the wise – tickets were snapped up last time, and some people missed out. So we recommend getting in touch sooner rather than later to secure your place! Please phone Katy at 020 8556 5162 or Bern: 07808 043046 to book your tickets.

GARETH DIMELOW



WELCOME TO LEYTONSTONE’S CAR FREE DAY

THE LONDON Borough of Waltham Forest Car Free Day will be taking place on Church Lane on Sunday 23rd September from 1pm to 7pm. There will be plenty of stalls and live music from Imagination and The Beat.

Just like last year, BARA will be having a second-hand book, CD, DVD and video stall, so be sure to come along and meet your committee. At the same time you could renew your membership for the coming year!

If you have any unwanted books, movies or CDs you’d like to donate to the BARA stall, please contact Doug Sheedy on 020 8558 9115 to arrange a collection.

LIZ HAYMAN

“A host of shining daffodils”

YOU MAY REMEMBER this spring seeing daffodils appearing around trees and other places in our area. These bulbs were provided by the council and planted by BARA members Helen Johnson and Graham Suggett. If the same offer is made this autumn we could have a similar display in every road in the area. Are you willing to plant a few bulbs later in the year? If so please let me or any committee member know what roads or parts of roads you are willing to do.

BERN LOWE

Food miles come close to home

THESE DAYS, everyone’s concerned about food miles – how far your produce has travelled from farm to supermarket. So the ideal solution is to try to source your food closer to home. And there’s really no better way to do that than by visiting a Farmer’s Market. Thankfully, that doesn’t have to mean trekking out to the wilds of Essex – in fact, from Sunday 30th September, there’ll be one in Walthamstow every week between 10am and 2pm.

Look out for signs and banners across the borough and do try to support it. By all accounts the council has been very encouraging and really wants this initiative to succeed. And if you think you might like to get involved in managing the market, let us know and we’ll be happy to pass on your details.

GARETH DIMELOW

Eat, drink and be merry

THE NEWLY-REFURBISHED **Mudra** Indian restaurant (715 High Road: 020 8539 1700) is well worth a visit, serving tasty unusual dishes.

Those we tried included one with beetroot and another with plantains, and there are also a few fish dishes on the menu. The owner is a classically-trained Indian dancer who hopes to open up the garden to cultural events, so let's give him support in these early days to keep up his enthusiasm!

Indeed the Japanese restaurant **Ichiban's** range (good sushi!), quality and opening hours have improved lately too at 721 High Road: 020 8556 7591.

With the improved **Kams** Chinese restaurant (formerly King Wai) at no.554 High Road: 020 8539 2573, plus all the old High Road faithfuls, it's a fine time to be eating out in Leytonstone for good food at a modest price.

JO PILC



IT'S AMAZING WHAT YOU CAN PICK UP!

THE ANNUAL BARALITTER PICK took place on Sunday 15th July. Unfortunately, despite the fine weather, turnout was low, and most of those who helped were our regulars from previous years. However it was good to see a couple of new faces and especially cheering to see enthusiastic picking from younger members Louis Woods and Edmund and Eoin Ashton.

Teeth and a tenner

Apart from the usual cans and bottles, interesting finds were a pair of false teeth and a £10 note! Unfortunately the area we covered

seems to be suffering from a spate of fly-tipping, because we found estate agents' signs, dangerous broken windows and large numbers of bags of garden waste.

We have discussed this with local Councillor Marie Pye who will follow up on this with the Epping Forest Conservators. She asked us to advise BARA members that should they witness any fly-tipping they should take registration numbers and details of what is being tipped and let one of the Councillors know. They will then be able to arrange for action to be taken against the perpetrators.

We are considering having an Autumn Litter Pick and would be interested in hearing from members whether there would be more support at that time of year.

LIZ HAYMAN



Fun for grown-ups too

DAVIES LANE Toddler Group held at Davies Lane Primary School on Wednesdays 1.30-3.00pm gives mums and toddlers a chance to socialise with others in the area. The group's first session will be held on 12th September and will cost 50p.

For further details please contact Julia Woledge at Davies Lane Primary School on 020 8539 2466. Do go along as it's a great opportunity for your little ones to socialise and make friends with other children before nursery and school.

GARETH DIMELow



ADVERTISEMENTS

Members' adverts are inserted free. Please send your advert to any committee member (see page three)

ANASTASIA SIMON – contemporary cake designer and event organiser. Visit my website www.anastasiaSimon.com or phone 020 8556 1552, mobile 07931 704805.

AVON. Give me a call and I will drop off a catalogue. Patricia Roche: 020 8989 9728 (eve).

AVON. To order products or become a representative call Yetta Omole 07960 513892 or 020 8556 4653 (eve).

CAT carrier for hire. Donation to BARA. Helen: 020 8989 5845.

CINÉ PROJECTOR, (8 & 16mm) editor and splicer free to a good home. Linda: 020 8989 4538.

CLEANER. Friendly and reliable local cleaner available for regular domestic work. For more information call Karen: 07894 748 833. References available on request.

DIGITAL HOMES. Consultancy and installation of digital integrated homes, TV/plasma/surround sound/Internet networking/scene lighting/CCTV. Free consultation. Ian at Gemini AVL: 07905 352972.

DJ TUITION. Experienced DJ offers mixing/scratching tuition plus discounts on equipment. Ian (DJ Blaze): 020 8558 5870.

DOG RAMP (aluminium) free to a good home. Linda: 020 8989 4538.

FACE PAINTER available for children's parties etc. Jessica: 07817 880741 or 020 8556 7801.

FOOTBALL GOAL. Inflatable goal available for BARA members to borrow free of charge. Katy: 020 8556 5162.

GARDENER. Willing worker will dig, lift and carry, under your instructions. 020 8989 1681 and leave a message for Graham. References available.

GAZEBO. BARA gazebo available to borrowers for free. Also available is BARA's new gazebo for a deposit of £90, fully refundable if new gazebo is returned undamaged. Katy: 020 8556 5162.

JAPANESE HOME COOKERY LESSONS in Leytonstone. Want to know more about the world's healthiest foods? Want to try Chicken Teriyaki or even Sushi at home (not all Sushi are with raw fish!)? Give me a call and we can discuss the content of the lessons to suit your interest and budget. Yumiko: 07980 488568.

LOCKSMITH. Richard Boynton: 020 8989 8532 or 07963 713506.

MATHEMATICS TUITION for all levels of education from secondary teacher with doctorate. Kevin Allen: 020 8518 8412 60b Browning Road

MUSIC TEACHER. Piano, recorder and clarinet from complete beginners to Diploma level. Jo Brown: 020 8989 2535.

PAINTER & DECORATOR also gardening and general DIY services, Free estimates. Parker's Maintenance: 07914 261985.

PAINTER & DECORATOR also general handyman including assembly of flat-pack furniture. Free estimates, reasonable rates. 07706 811022/07951 987806 or 020 8989 9728 (eve).

PC SOLUTIONS. Having trouble with PC networking or getting bogged down with worms and spyware? Has your Wi-Fi gone pear-shaped? Or do you want to share a broadband Internet connection? Let a PC specialist with over 15 years' experience help. Roger: 020 7254 2245 or e-mail roger@gann.com

PSYCHOTHERAPY. 10 years' experience in hypnotherapy and cognitive behavioural therapy. Jeanne: 020 8530 3022.

SELF DEFENCE AND TAI CHI instruction for men and women from a 9th Dan Black Belt. Ron Holt: 020 8539 8147.

SHIATSU. Traditional Japanese Bodywork. Excellent for neck/shoulder and back aches. Can also treat chronic conditions e.g. high blood pressure, digestive problems etc. Fully clothed. Visits available. Yumiko: 07980 488568.

SPANISH HOLIDAY HOME for rent. www.ownersdirect.co.uk Ref S2506.

STAINED GLASS created or repaired. Aleyne: 020 8539 5365.

STAMPS. Used UK and foreign postage stamps wanted for animal charities and Guide Dogs for the Blind. Thank you! Dawn, 46 Michael Road.

THERAPEUTIC MASSAGE. Experience the bliss of being pampered, feeling relaxed and releasing stress. 22 Stanmore Road. Helen: 020 8989 3840.

WEBSITE DESIGN AND DEVELOPMENT. See www.hoshi.co.uk for my portfolio or phone Mark: 07815 823650.

LOCAL SHOPPING/SERVICES DISCOUNTS

BARA's committee has been able to arrange the following discounts for BARA members

Our discount scheme:

- ◆ **Is another benefit of BARA membership**
- ◆ **Pays you to shop locally**
- ◆ **Supports local shops, helping to improve our area**

Don't forget to take your BARA membership card with you when you claim your discount

Adult Literacy – qualified.....	10%
adult literacy tutor: 020 8530 3484	
Bansal Optometrists	10% on goods over £50
775 High Road	
Being Sound	15% on day workshops, counselling and psychotherapy:
020 8556 8363, 07956 437372 e-mail jas@beingsound.com www.beingsound.com	50% on Friday evening workshops, negotiable on one-to-one sessions
Billingford	10%
General builders including Corgi plumbers and certified electricians 020 8503 0404	
Bubbles – hats and clothes.....	10%
698 High Road	
Cafe La Rosh	10%
Church Lane	
Deanna Donovan – beauty.....	20%
and skincare from home: 020 8556 0133	
Door to Door – meals delivered....	10%
to your door (lunch and dinner M-F) 07870 157392 (Sally or Mary)	
Fresh Water Filter Co	10%
Carlton House, Aylmer Road	
Marc Fletcher Photography	10%
Weddings a speciality 07951 048819, www.marcfletcher.com	



Mark Rahaman Dip PT ,	Negotiable
MRNT, IHHHT Fully qualified personal trainer and sports therapist: 07956 239690	
Melvyn Brown	£10 (20%) off first hour's labour in local area
Photocopier and office machinery repairs: 020 8530 3569	
Monarch Sports	10% on purchases over £100
815 High Road	
National Schoolwear	10% on general schoolwear
841 High Road	
Nature's Choice – health food	10%
47 Church Lane	
Star of India	15% on dining in (except buffet nights and other promotions), 10% on takeaways
875 High Road 020 8989 4028	
UK Creatives	Free initial consultation and 15% discount thereafter
Life coaching services focusing on work/life balance, career transition/progression and goal setting/attaining 020 8926 0319, www.ukcreatives.net	
Zain Greetings	10% except special offers/sale items
Cards, gifts and stationery 48 Church Lane	

BARA has a list of local tradespeople. If you would like to see a copy of the list (or to add any local tradespeople to it) please contact a member of the committee. Visit our website – address on page one – or see page three for committee addresses.

If you would like to join BARA then contact your nearest committee member (see page three). Also see page three for subscription rates