



The Bush Telegraph

The quarterly newsletter of The Bushwood Area Residents Association

Also visit us at www.bara-leytonstone.org.uk

CHAIR'S REPORT

IN THE LAST Bush Telegraph I mentioned that the Committee would be losing some members this year and appealed for volunteers to join us. Well, sadly I have to report that this reduction process has already commenced, first with the untimely death of Bern Lowe whose obituary you can read on page 3, and second with the resignation of two other Committee members, Susan Gann and Dwight Wood.

The Committee are very grateful to Susan and Dwight who have both contributed a great deal to BARA. Susan initiated and was instrumental in the setting up of the BARA Forum and her knowledge of green matters was always appreciated by her fellow Committee members. Susan also ran the BARA email list. Dwight and his family have been involved with BARA for many years on and off, as the only Committee member to have a business operating in the area this gave him a different perspective on local issues that was always useful to broaden the debate at Committee meetings.

On the bright side we are very pleased to welcome Desirée Clarke-Noble to the Committee. Desirée is a relative newcomer to the area but joined BARA as soon as she moved in. She can often be seen on the Flats with her five-month-old border terrier George and husband, Geoff. Des has agreed to be the Road

Representative for Woodville Road and will be attending the Community Council on behalf of the Committee.

The Committee would like to thank Brian Hopson for his continuing help with the negotiations with Thames Water. Luckily for us, following Susan's resignation, Brian has also found time in his busy schedule to run, once again, our email list. He has been finding that quite a few email addresses are producing "not deliverable" receipts, so if you have changed your email address and still want to receive BARA news you should let Brian know your correct address (brianhopson@lycos.com).

Finally I would just like to say a big thank you to one Committee member, Karen Bateman. Karen recently took on the newly created role of Retail Liaison Representative, and, rather than finding the challenge daunting, she has taken to it like a duck to water. Indeed, she has been so successful in negotiating some great new discounts for BARA members with local shops that we are all kicking ourselves for not creating this role a long time ago! The new discounts are with Bumblebee Florists, Faz Fashions, One Stop Shop for Business, Ocean Dry Cleaners and Artistry Loyal Hair and Day Spa Salon, full details can be found on page 8 and you can read Karen's report of her experiences at Leytonstone's newest hairdressers on page 6.

LIZ HAYMAN

All eyes are on the Olympic site, and YOU can see it first

BARA HAS BEEN LUCKY enough to secure a limited number of places on some of the forthcoming tours of the Olympic site.

The tours depart from Stratford where you will be collected by coach and taken on an hour-long tour. For security reasons you will not be allowed to access the site on foot and no photography will be allowed. We will give a list of names to the organisers in advance of the tour and all adults must bring a passport or photo driving licence to verify their identity.

Children are welcome but must be aged eight or over, and must also have either a passport or some other form of photo ID. Provision can be made for those with a disability as long as advance warning is given.

Because we have very few places and have taken a significant proportion of the Waltham Forest allocation on the tours we would really appreciate it if members who book places let us know as soon as possible if they find that they are unable to take up their place. We would really like to continue participating in the tours over the next four years and this will not be possible if the organisers find that we are not using all the places that have been allocated to us.

The dates we are booking at the moment are:

Thursday 10 July: meet 6.15pm, coach leaves at 6.30pm

Friday 12 September: meet 1.45pm, coach leaves at 2pm

Thursday 25 September: meet 6.15pm, coach leaves at 6.30pm

***DO BOOK EARLY to avoid disappointment by phoning
Katy: 020 8556 5162***

LIZ HAYMAN

SUMMER'S ON ITS WAY

**Henry Reynolds Gardens Summer Fun Day
Sunday 6th July, 12noon to 6pm**

AFTER SUCH A SUCCESSFUL summer fete last year we are holding another one this year during the Leytonstone Festival. So be sure to pop the 6th of July in your diary and come along for an afternoon of music, entertainment, food, stalls, bouncy castle and displays from the local fire service and St John's Ambulance Brigade. Last year's fete attracted so many people from across the borough and we're hoping you will support the event this year with an even better turn-out. It promises to be a great family day out for all, so keep your eyes peeled for the posters going up in the next few weeks. And if you're interested in having a stall this year, please contact Doug Sheedy on 020 8558 9115.

BARA will be having a stall as usual and like last year we will be selling books, DVDs and CDs together with some homemade cakes and biscuits. We will also have a bric-a-brac section. So, why not take the opportunity to have a good clear out and part with all those unwanted books, movies, DVDs and bric-a-brac. We will take them off your hands, just call Katy on 020 8556 5162. Failing that, why not get the kids to bake some cakes or biscuits to bring along?

DOUG SHEEDY

What's on

Saturday 14 June 10am to 4pm

Open Day at Waltham Forest Magistrates Court (see page 4 for details)

Saturday 14 June 10am to 12.30pm

Coffee Morning, St John's Church Hall (see page 5 for details)

Monday 16 June

Community Council Meeting 7.15pm (refreshments) for 7.30pm (start)
Cann Hall Primary School (see page 4 for details)

Thursday 19 June to Saturday 21 June and

Wednesday 25 June to Saturday 28 June

The Greek Theatre Players present Shakespeare's *The Tempest* (see page 6 for further details)

Saturday 5 July

Car Boot Sale Whipps Cross Hospital (see page 5 for details)

Saturday 5 July to Friday 11 July

Sat 2pm to 4.30pm

Sun closed

Mon and Fri 10am – 4pm

Tue 10am – 4pm and 7.30pm – 21.30pm

Wed 1pm – 4pm

Thur 2.30pm – 4pm

Exhibition on the spirited local campaign to save Wanstead Flats after World War Two. There is also a separate unrelated exhibition by members of St John's photo club.

Sunday 6 July 12noon to 6pm

Henry Reynolds Gardens Summer Fun Day (see front page for details)

Wednesday 9 July 4pm – 8pm

Thames Water Drop-in session re pipeline
Davies Lane Primary School, Davies Lane
(see page 4 for details)

Thursday 10 July 6.15pm

Tour of Olympic Site (see front page for details)

Saturday 12 & Sunday 13 July 12noon to 5pm

Roman Weekend at the Temple in Wanstead Park
Find out more about the Lost Roman Villa of Wanstead Park with displays of architectural finds. Includes Roman Craft Activity for younger family members

Saturday 19 July 2pm to 11pm

Music & Family Fun Event in Wanstead Park
Adults £6, Concessions £3, under 4's free
Evening Concert starts 8.00pm
Enquiries 020 8989 4898, www.aldersbrook.info

Saturday 2 August

Car Boot Sale at Whipps Cross Hospital (see page 5 for details)

Saturday 2 & Sunday 3 August 12noon to 5pm

Tudor Craft Weekend at the Temple Wanstead Park
Suitable for all ages from 5 upwards. Tudor based crafts and Tudor dressing up clothes for children

Saturday 16 August 10am to 12.30pm

Coffee Morning, Christ Church Hall, Wanstead (see page 5 for details)

Saturday 6 September

Car Boot Sale at Whipps Cross Hospital (see page 5 for details)

Friday 12 September 1.45pm

Tour of Olympic Site (see front page for details)

CYCLE RIDE A GREAT SUCCESS

Riders aged between eight to 56 years



Bikers take a welcome break

WE ALL MET at Carlton House, Aylmer Road. Sixteen riders set off for Leytonstone tube station to take the Underground to Theydon Bois (yes, it's free to take the bike). Our destination was the oldest wooden church in the world at Greenstead, about one mile from Ongar.

We arrived without incident at Theydon Bois and crossed over the rail bridge and took a gentle rise of about ¼-mile from the station. Those who had not ridden for 30 years found this quite challenging. Then we had a gentle one-mile downhill past Theydon Garnon Church and then onto a bridle path and old Roman road which was under the shadow of the trees and idyllic, allowing you to imagine farm workers going off to tend the fields and travellers on the road from London to Colchester. We then took to the country lanes and through the hamlet of Mount End – here were Essex boarded houses and duck ponds – and on up a steep and long hill to High Warren, the highest point on our trip.

We then meandered a further mile to a much-needed rest at the famous drinking house called the Moles Trap. After a brief 45-minute lunch served with quality and good time we made our way to Toothill Green Man.

Some members of the team departed for prior engagements and made their way back to Epping tube station and home. The rest of us looked longingly at the pub but decided to complete the aim of the mission to reach Greenstead Church. We arrived at the church and were fascinated by the crusader's grave and the fact that it was built in 1140 and still standing, made of old oak tree trunks cut in half. Well worth a visit. We then retraced our pedals to Toothill and had a cup of tea etc at the Green Man.

Special mention must go to Eleanor, aged eight years old, who was coping very well with a little encouragement up some of Essex's rolling hills, also to those who had not ridden for many a year.

After our rest it was looking forward to the last few miles to Epping underground, taking care on the steep downhills, to get on the underground back to Leytonstone.

We admired the great Essex countryside – smells, views and wildlife, this included a herd of deer and the wonderful hovering kestrels above. It was great to get some clean country air and so close to where we live. We arrived back safely but tired – a great day was had by all.

DWIGHT WOOD

A SIGHT FOR POOR EYES

ARE YOU partially sighted and have trouble reading *The Bush Telegraph*? If so, perhaps you'd like us to send you a large print copy instead of the normal standard size. You just need to get in touch with a Committee member who will arrange it all for you.

Goodbye to Bern Lowe

WE REPORTED in our last BT that Bern Lowe was stepping down from the Committee as he was fighting cancer. Sadly Bern passed away on Sunday 27th April and will be sadly missed by us all. He fought his illness with his usual optimistic outlook, and the conviction that he could overcome the cancer and still be with us in the years to come.

As the previous quiz master, we were all very pleased to see Bern at our spring Quiz Night when he popped in to say hello and share a plate of curry – it was great that so many of the regulars were able to have a chat with Bern that evening.

So it came as a great shock to us all when we heard the news of his passing so soon after the quiz. Bern served on the BARA Committee for over 10 years and represented the association on the Leytonstone Business Forum and the Leytonstone Festival Committee. It was Bern who instigated the bulb planting around the trees in many of the roads in Bushwood and I think many of us will remember him as the daffodils flower each spring.

Bern will be sorely missed by BARA and its Committee members, and we send our condolences to his daughter Margaret and son-in-law Graham. The Committee are in discussion with his family about possible memorials to Bern e.g. a bench in Henry Reynolds Gardens, sponsoring a tree in the High Street, or holding a special quiz night in his memory. We will keep you posted.

KATY SMITH

Sixty compete in spring Quiz Night

OUR SPRING Quiz Night was held on Saturday 12th April at the Ex-Servicemen's Club with 60 participants. With the very capable quiz master, Janet Lee, leading the evening and Gareth Dimelow handling the music round, it was a hotly contested contest. Liz Hayman and Doug Sheedy also provided questions for the 10-round quiz, which also included two challenging picture rounds.

The Star of India provided an excellent Indian buffet which was very much enjoyed by all, so our thanks go to Shah Ahmed and his team for once again providing such excellent fare at such a low price. Before the quiz began David Pennock updated everyone on the work of the Leytonstone Youth Café as BARA had offered to donate funding for three nights' hire of the Youth Bus for the Youth Café's clients. More about this later on page 7.

All in all, it was a very successful night, so thanks to the Committee members who organised the questions, raffle and prizes, and to all of you who turned up to test your mettle!

KATY SMITH

The BARA Committee 2007/2008

Karen Bateman: <i>Social and Retail Liaison</i>	4 Barclay Road
Desirée Clarke-Noble: <i>Community Council</i>	48 Leybourne Road
Gareth Dimelow: <i>Editor and Social</i>	11 Barclay Road
Robert Gay	137 Mornington Road
Liz Hayman: <i>Chair and Membership, Planning and Safer Neighbourhoods</i>	54 Leyspring Road
Janet Lee: <i>Secretary</i>	27 Beacontree Road
Doug Sheedy: <i>Treasurer</i>	11 Barclay Road
Katy Smith: <i>Deputy Chair and Social</i>	37A Harvey Road

BARA SUBSCRIPTION RATES

Single people: £2 per year Households: £3 per year

ROAD REPRESENTATIVES

BARA has an individual responsible for each road falling within our area. That individual should be your first point of contact for issues affecting you. S/he will pass on your comments, concerns, subscriptions etc to the Committee member most able to help. The list below shows who is responsible for your road. Can't find your road representative? Then take your query to your nearest road rep.

Aylmer Road	Karen Bateman, 4 Barclay Road
Barclay Road	Doug Sheedy, 11 Barclay Road
Barfield Road	Karen Bateman, 4 Barclay Road
Beacontree Road	Cyril Robson, 49 Beacontree Road
Browning Road	Janet Lee, 27 Beacontree Road
Bushview	Karen Bateman, 4 Barclay Road
Bushwood	Brian Hopson, 49 Bushwood
Carlton Road	Karen Bateman, 4 Barclay Road
Colt's Yard	Karen Bateman, 4 Barclay Road
Dacre Road	Karen Bateman, 4 Barclay Road
Forest View	Janet Lee, 27 Beacontree Road
Grove Road	Doug Sheedy, 11 Barclay Road
Hartley Road	Andrew Shields, 9 Hartley Road
Harvey Road	Katy Smith, 37A Harvey Road
High Road	Doug Sheedy, 11 Barclay Road
John Drinkwater	Janet Lee, 27 Beacontree Road
Leybourne Road	Jo Pilc, 57 Leybourne Road
Leyspring Road	Liz Hayman, 54 Leyspring Road
Lister Road	Joyce Quarrie, 42 Lister Road
Michael Road	Sue House, 32 Michael Road
Mornington Road	Robert Gay, 137 Mornington Road
St Augustine's Court	Katy Smith, 37A Harvey Road
St John's Court	Katy Smith, 37A Harvey Road
St Mary's Court	Katy Smith, 37A Harvey Road
Stanmore Road	Liz Hayman, 54 Leyspring Road
Woodville Road	Desirée Clarke-Noble, 48 Leybourne Road
Woodbridge House	Doug Sheedy, 11 Barclay Road

In the March issue of *The Bush Telegraph* Brian Hopson revealed Thames Water's plans for its new pipeline across Wanstead Flats. Now Brian gives us an update on road closures and forthcoming works in the Bushwood area

WATER, WATER EVERYWHERE ...

THAMES WATER has now received the go-ahead from Waltham Forest Council to make the road closures necessary for it to lay its new pipeline along Bushwood. TW has actually been prepared to start work for a few weeks, but the road closure programme was essential and permission has only just been granted.

Work will start on 16th June, and those affected should have received a hand-delivered letter explaining what's involved. They will also leave leaflets on cars parked in the area to be closed nearer the time. Any cars left in the streets after the leafletting will be buried (joke).

The first stretch of pipe will be laid between 56 Bushwood, where the pipeline hits the road, and Leybourne Road. The work will take 6–7 days and the road will be closed during that period, so we'll all have to find somewhere else to park our cars. The work will be carried out on Monday to Friday (between 8am and 6pm) and on Saturday (from 8am to 1pm)

Work along the whole of Bushwood will follow a similar pattern. The second segment to be tackled will be between Leybourne Road and Leyspring Road, followed by Leyspring Road to Hartley Road. Each of these segments will take around 6–7 days, but the final, longer, part of Bushwood – Hartley Road to the end of Bushwood – will take around three weeks to complete. TW are working on the assumption that there could be a maximum of one week's overrun on the project, but their hope is that it will in fact be finished ahead of schedule.

You might like to know that TW plan to set up two more drop-in centres where you can meet the TW staff and get answers to any questions you may have. They are at:

St. Paul's, Burgess Road, East Ham on Wednesday 11th June between 4pm and 8pm

Davies Lane Primary School, Davies Lane on Wednesday 9th July, again between 4pm and 8pm.

Just a reminder – if you experience any problems on any issue relating to the TW works, call the dedicated Thames Water phone line, 0845 9200800, quoting the TW reference number for this project, which is 715137. The line operates 24 hours a day, seven days a week and they will do their best to help. Also, please let me know if problems occur so that I can take them up with those responsible for the project.

Ancient remains

Finally, some members have expressed concern about the possibility that ancient remains might be dug up and ruined by TW in the course of this work. I know that TW have sought to allay concerns about this with interested members directly, but I thought you might be interested to know that they have dug a 150m evaluation trench across the flats near to Bushwood just to see what's there and found... almost nothing, no Roman roads or villas, no Iron Age encampments, not even a Viking helmet. On the negative side, that means that Bushwood wasn't always the desirable place to live that it is now. More positively, though, it means that we won't be swamped by tourists.

BRIAN HOPSON

HOW WOULD YOU PLEAD?

THANKFULLY, most of us have never seen the inside of a Magistrates' Court. But if you've ever been curious about what goes on, and how the wheels of justice turn, here's your chance to find out.

Waltham Forest Magistrates' Court is holding an open day on Saturday 14th June, between 10am and 4pm. Inside, they'll be running four mock courts three times each throughout the day, as well as offering tours of the court room, dock and cells. There'll also be an exhibition inside, as well as a prison van, police car, fire engine and police dogs outside. There could even be a helicopter dropping in during the day. Parking is free, and there will be some catering on offer.

So if you know anyone who's interested in the law, or just fans of *The Bill*, head along to Waltham Forest Magistrates' Court, 1 Farnan Avenue, Walthamstow (facing Forest Road).

Leytonstone Community Council

WALTHAM FOREST'S Leytonstone Community Council meets four times a year to discuss local issues. The Community Council meetings give residents the opportunity to meet their ward councillors, Council representatives and Safer Neighbourhoods teams in an informal setting to talk about matters affecting the local area. The Community Council also has an annual budget to allocate to local projects and residents are invited to suggest how to spend the funds.

All residents are entitled to attend the Community Council Meetings. BARA does have a representative (Desirée Clarke-Noble) who attends on behalf of the Committee but the organisers of the meetings would be delighted if more residents attended on their own behalf. It is a great opportunity to have your say about what matters to you.

The next meeting is taking place on Monday 16th June 2008 at the Cann Hall Primary School on Cann Hall Road, E11 3NN. There will be free refreshments available from 7.15pm and the meeting will start at 7.30pm. For more information call Waltham Forest Direct on 020 8496 3000 or see

www.walthamforest.gov.uk/community-councils

LIZ HAYMAN

Making Waltham Forest plastic bag free

BRING YOUR OWN BAG

THE BRING YOUR OWN BAG scheme is an initiative that has been set up to help reduce the use of plastic bags in the borough. The ultimate goal of the project is to make the whole borough plastic bag free whilst raising awareness of the environmental damage that these bags can cause.

A group of concerned local residents has been meeting regularly for a few months to discuss ideas and suggest proposals for how to make the scheme work.

The Leytonstone ward has been identified as an ideal starting point where the group can concentrate their efforts. The plan is to provide free reusable bags to every home in the ward whilst also asking businesses and traders to cut back on the number of free plastic bags they hand out to customers.

Members of the group will be talking to local shoppers, homeowners and businesses in the coming months to find out what they think about the idea. We want to know what local people think about plastic bags and find out how reducing plastic bag usage can be made easy, economical and even fun.

Would you like to reduce your impact on the environment?

If you run a business in Leytonstone then we would love to hear from you. Please contact Tom Wright on the contact details below. Likewise if you live in Leytonstone then please do get in touch with us. We are looking for people to help out in a number of ways including researching alternative bag suppliers and helping out with promoting the scheme around the ward. We meet once a month and welcome all newcomers.

Why Leytonstone?

Why not? Last year the town of Modbury in Devon became Britain's first plastic bag-free town. There's no reason why we can't do the same in Leytonstone. Our streets are littered with plastic bags just like any other ward or

Whipps Cross University Hospital League of Friends

IT MAY BE a little late for spring cleaning, but if you're having a clearout, and think some of your old bits and bobs might be interesting to other people, why not take it along to a Car Boot Sale in Whipps Cross Hospital Car Park. There's one on the first Saturday of every month until November. Cars cost £7, vans £10, and you'll need to phone ahead to book your space. Call 020 8556 3492 between 5pm-9pm.

No food or drink sellers please.

Coffee Mornings (admission: 50p) will be held as follows:

Saturday 14th June, 10am to 12.30pm, St John's Church Hall, Leytonstone

Saturdays 16th August, 25th October and 22nd November, 10am to 12.30pm, Christ Church Hall, Wanstead Place, High Street, Wanstead.



borough of London, the trees and bushes in our green spaces are covered with them. It is time to stop ruining our environment.

Supermarkets in the United Kingdom give away an estimated 17 billion plastic bags annually. We use these bags for an average of 12-20 minutes before disposing of them and we only recycle on average one in every 200.

But it can take over 100 years for a plastic bag to degrade. In 2001 a piece of plastic found in an albatross' stomach bore a serial number that was traced to a World War II seaplane shot down in 1944.

Last year London Councils announced plans to introduce a charge on plastic bags in the capital. But this could take at least 18 months to come into effect. We don't think we should wait until then.

Let's make Leytonstone plastic bag free now.

If you want to get involved please contact Tom Wright on tom@hovis21.com or phone 020 8923 5036

The group's next meeting will be: Wednesday 18th June 7.00-8.30pm at the Quaker Meeting House, Bush Road, Leytonstone, E11 3AU. Do come along or contact Tom for more information. The group also have an email group where they share ideas, news and information. You can join at <http://groups.yahoo.com/group/walthamforestbyob>

TOM WRIGHT



Spring Litter Pick

THE FIRST BARA Spring Litter Pick was held on Sunday 27th April. Despite the April showers we had an excellent turnout with approximately 30 people joining the efforts. It was encouraging to see that the younger generation were well represented with around one third of those picking being children.

Having a litter pick at this time of year was an experiment for us and we are pleased that it was so successful. Our July litter picks were only attracting around 10 people so to increase numbers by 200% was fantastic. **We will be holding another litter pick on Sunday 19th October and we hope that even more of you will join us then.**

LIZ HAYMAN

WHAT IS THE COUNCIL'S VISION FOR OUR AREA?

A meeting for BARA members at St John's Church Hall
on Tuesday 24th June at 8pm

CLYDE LOAKES, the Leader of the Council, has accepted our invitation to explain how the Council sees our area, and will be bringing some Council officials with him to this meeting.

When BARA commented on the Council's Unitary Development Plan, we were struck by the very different experiences of those of our members who live in the Bushwood Estate, away from the High Road, and who still have a pleasant environment, and those who live on the High Road with its litter and worse.

We also wanted to ask questions about what Leytonstone is for – such as whether the Council should be trying to find work in Waltham Forest for people who live here, or should encourage Leytonstone people to work in the City, Canary Wharf, and the West End?

The need for this meeting

We do not want this to be a meeting for party political points. BARA's constitution means that we do not take sides in party politics. Cllr Loakes is one of the councillors for Leytonstone, and we are sure of his wish to do well for Waltham Forest as a whole, and for this ward. But we think this meeting is needed.

It is easy for the Council's energy to be taken up with separate projects and separate initiatives, without any overall view about what our area needs. In particular, the Council often does not have resources of its own and has to bid for money for specific projects, and sometimes it is able to get capital to build something, but then cannot find the money to maintain it.

Issues which affect your area

Among the questions which we hope will be discussed:

- ◆ What can be done about the traffic in the one-way system, which pollutes the air and blocks essential traffic such as ambulances? Can the one-way system be reversed? Can something be done at least to clear the gridlock in Church Lane?
- ◆ What sort of shops does the Council want to see, and how can it encourage them?
- ◆ What about parking for shoppers? Is the Church Lane car park being used? What about the voucher bays in the High Road and at the ends of the side roads?
- ◆ How can the High Road become a safe and attractive place to live as well as a place to drink and eat?
- ◆ How can we maintain the Bushwood Estate as a desirable residential area?
- ◆ What sort of housing does the Council want to see in our area? Will it stay a 'low-rise' area? Should large houses be converted into care homes or hostels? Should there be more conversions of terraced houses into flats?

We expect the presentations by Clyde and his colleagues to last about 45 minutes, and we want there to be a good opportunity for questions and discussion. The meeting should end by 9.30pm.

We hope that members will take this opportunity to discuss issues which matter to all of us who live here. ROBERT GAY

BRUSH UP YOUR SHAKESPEARE

THE GREEK THEATRE PLAYERS are presenting Shakespeare's *The Tempest* in the Open Air Theatre, Walthamstow School for Girls, Church Hill, E17 – see "What's On", page 3, for dates. All performances start at 7.30pm. Tickets at the gate: £7 and £4 concessions. You may like to bring a cushion for the stone seating and a rug in case of chilly weather, and you can also bring food and drink. For more information phone 020 8551 2958.

Picture Leytonstone

AS PART OF the Leytonstone Festival our neighbours the Ferndale Area Residents Association (FARA) are holding a photo competition. The theme is "My Leytonstone, things I like/dislike" and it's open to all Leytonstone adults and juniors (aged 12 and under).

Entries can be seen at Davies Lane School on Saturday 12th July, 11am – 5pm, and a certificate and a large framed print of their winning photo will go to the prize-winners.

HOW TO ENTER

- ◆ Send a maximum of two photos to: FARA Photo Competition, c/o 12 Davies Lane, London E11
- ◆ Closing date for entries is 30th June 2008
- ◆ Prints should be no larger than A5, and either colour or black/white
- ◆ Enclose the following information with your entry (please write clearly and in block capitals):

1. A caption of 20 words maximum for each photo, including where the photo was taken and why you chose the subject.
2. Your name and full address, plus telephone/email (so FARA can let you know if you've won). Also, junior photographers aged 12 and under, please include your age.

You can also submit your digital photos – by email to photocomp@gorge.org – with a maximum of 1500 pixels on the longer side (smaller is OK). Please also send captions and other details as shown above.

Full details of the competition are also shown on <http://www.london-e11.co.uk/?p=22>

A BIT OF A HAIR-DO

Artistry Loyal Hair and Day Spa Salon
9 Church Lane, Leytonstone
Tel 020 8556 4348

LADIES, AND OF COURSE, don't forget the gentlemen, I have the pleasure in announcing that we have a new hair/spa salon which opened on Church Lane in mid-May. The owners have been in the business for many years but they know what's fashionable at the moment and are both very creative. I recently had the pleasure of experiencing the pampering and feel-good factor of a visit.

I was delighted that they were able to fit me in at short notice and was greeted by Katy on entering the salon. She immediately put me at ease and, since I wasn't sure what style to have, Katy made some great suggestions. I was quite happy to leave things in her capable hands.

Whilst my hair was being cut the staff were very attentive and constantly asked whether I'd like a tea or coffee. It was really nice to be made to feel so special and in such relaxing surroundings.

At the end of my visit I was over the moon with the results and, even better still, my partner loved it! He then went on to spoil the day by commenting that "you only need to lose a few pounds now!" Men huh!!

KAREN BATEMAN

How many times have you heard young people say “there’s nothing to do around here”? True, there are organised activities for youngsters, but many young people are not into skate-boarding, table-tennis or evening classes – they just want somewhere to relax and chill out with their friends. There’s already a mobile youth venue which visits Leytonstone once a week, but now plans are being made to take a great step forward with a youth drop-in centre in the heart of Leytonstone. It’s the permanent

YOUTH CAFÉ

NO-ONE WOULD ARGUE that useful hobbies and pastimes, sports and music are an important part of building character for all ages, but after a hard day of work, would you want to be told there are karate lessons, cookery classes and sign language courses available? Or would you be more likely to socialise with your friends and relax at a pub, bar, coffee house or restaurant? Our teenagers don’t want to spend all their spare time in organised activities - how can we blame them for telling the world to back off for a little while so they can relax for an evening.

Young people are always on the look-out for places to congregate, to learn more about each other and themselves. If there isn’t somewhere for them to go, then they find somewhere by themselves – street corners, park benches or car parks. And although they don’t mean any harm, some people, especially the elderly or people with young families, can feel threatened by a large group of young people gathered nearby. So a phone call to the Police follows and the young people are moved on to another place. And then another. Really, it’s no wonder that they sometimes feel that society doesn’t want them. It’s also the reason that so many get involved in street gangs – a group of people that does profess to want them.

It was with this situation in mind that the Leytonstone Youth Café Community Initiative (LYCCI) was set up. Drawing inspiration from schemes operating successfully in other parts of the country, it’s our goal to open a permanent youth drop-in centre in the heart of Leytonstone.

This Youth Café would be a safe place where young people between the ages of 11 and 18 could come just to socialise. There would be no pressure to join in games or activities or any obligation to buy anything. It would simply be somewhere for them to go.

The LYCCI has now been running for over a year. A two-week trial project last summer attracted over 50 young people, several of whom came by night after night. It was held in what is now the Luna Lounge in Church Lane, with games consoles,



board games, karaoke, etc. The general feeling among those that came was that the Youth Café was a great idea and that it should become a permanent feature in the town.

The project has continued to go from strength to strength since the trial project and it has received considerable support from our local MP, Harry Cohen, our Councillors Clyde Loakes and Marie Pye, Waltham Forest Youth Services, the Waltham Forest Faith Communities Forum, Leytonstone United Free Church, Wanstead Quakers, Leytonstone Business Forum, the Safer Neighbourhoods Team, Voluntary Action Waltham Forest, Worth Unlimited, The Box Youth Café in Epping, the Police and the Fire Brigade, and Tesco, as well as the local schools.

Since January, a mobile youth centre (left) belonging to Waltham Forest Youth Services and managed

by Worth Unlimited has come to Leytonstone every Friday. This is a huge step forward for the project as it is establishing a following among local young people that will hopefully be carried over when we open a permanent youth café. It costs about £75 per night for us to run the bus. We have been very fortunate that organisations like the Bushwood Area Residents’ Association has kindly donated money to the project to enable us to maintain this provision.

We still need considerable help and support to achieve our aim of a permanent safe place for young people in Leytonstone, especially from the local community. If you think that you would like to help, whether by volunteering at the drop-in or by using your skills and experience to put the project on a firmer footing, then please contact us. Please help to make Leytonstone a safer place for all of our young people to live.

For more information, please contact the Project Development Coordinator

Amy Mackay

By email: LeytonstoneYouthCafe@googlemail.com

Or by phone: 0208 279 2922

FRONT GARDEN AND WINDOW BOX COMPETITION

WE ARE HOPING that you have all been working on your window boxes and front gardens ready for the annual competition. We will be strolling round Bushwood during the second week in June, peering over walls and studying your horticultural efforts in the hope of finding some lovely front gardens and window boxes. Only those who are members can be considered for a prize, so if you’ve put a lot of work into your garden we trust you are members of BARA! We are hoping for a fair but not too hot day for the judging as it can be rather a tiring exercise on the old feet for the judges. Here’s to lovely visions to distract us from our sore feet. The winners will be listed on BARA’s website and will receive gardening vouchers. And if you see us walking past, do come and say hello!

LIZ HAYMAN

Friends for life

THEY SAY YOU can never have too many friends. And it’s never too early to start making them. So Davies Lane Toddler Group, held at Davies Lane Primary School on Wednesdays 1.30-3.00pm, gives mums or dads and their toddlers a chance to make some new friends.

For more details, please call Julia Woledge at Davies Lane Primary School on 020 8539 2466.

LOCAL SHOPPING/SERVICES DISCOUNTS

Don't forget to take your BARA membership card with you when you claim your discount

- Adult Literacy** 10% discount
qualified adult literacy tutor:
020 8530 3484
- Artistry Loyal** 20% discount
Hair and Day Spa salon
9 Church Lane
020 8556 4348
- Bansal Optometrists** 10% on goods over £50
775 High Road
- Billingford**..... 10% discount
General builders including Corgi
plumbers and certified
electricians
020 8503 0404
- Bumblebee Florists** 10% discount when you spend
829-837 Leytonstone High Road £10 or more
- The Eatery** (ground floor cafe).... 30% discount
Church Lane
- Deanna Donovan** 20% discount
beauty and skincare from home:
020 8556 0133
- Door to Door**..... 10% discount
meals delivered to your door
(lunch and dinner M-F)
07870 157392 (Sally or Mary)
- Faz Fashions** 10% discount when you spend
Ladies' and children's wear £10 or more
654 Leytonstone High Road
- Fresh Water Filter Co** 20% discount
Carlton House, Aylmer Road
020 8558 7495
www.freshwaterfilter.com
- Marc Fletcher Photography** 10% discount
Weddings a speciality
07951 048819,
www.marcfletcher.com
- Mark Rahaman Dip PT,** Negotiable
MRNT, IHHHT
Fully qualified personal trainer
and sports therapist:
07956 239690
- Melvyn Brown** £10 (20%) off first hour's
Photocopier and office labour in local area
machinery repairs:
020 8530 3569
- Monarch Sports** 10% on purchases
815 High Road over £100
- Ocean Dry Cleaners** 10% discount when you spend
801 Leytonstone High Road £10 or more
- One Stop Shop for Business** 10% discount
841 Leytonstone High Road
- Star of India** 15% on dining in (except buffet
875 High Road nights and other promotions),
020 8989 4028 10% on takeaways
- Zain Greetings** 10% except special offers/sale
Cards, gifts and stationery items
48 Church Lane

BARA has a list of local tradespeople. If you would like to see a copy of the list (or to add any local tradespeople to it) please contact a member of the Committee. Visit our website – address on page one – or see page three for Committee addresses.

ADVERTISEMENTS

**Members' adverts are inserted free.
Please send your advert to any
Committee member (see page three)**

AVON. Patricia Roche: 020 8989 9728 (eve).

AVON. Yetta Omole 07960 513892 or 020 8556 4653 (eve).

BABY EQUIPMENT. Baby monitors £10. Steriliser £20. Cot, no mattress, only frame, £95. Travel cot, hardly used, £50. Baby high chair £20. Baby activity set, nearly new, £15. Baby bottle warmer £15. Winnie the Pooh ABC Trailer (wooden blocks) £25. Patricia: 020 8530 8440.

BENEFITS ADVICE. Confidential advice and support on welfare benefits and housing. John: 07904 712171

CAT carrier for hire. Donation to BARA. Helen: 020 8989 5845.

DIGITAL HOMES. Consultancy and installation of TV/plasma/surround sound/Internet networking/scene lighting/CCTV. Free consultation. Ian at Gemini AVL: 07905 352972.

DJ TUITION. Experienced DJ offers mixing/scratching tuition plus discounts on equipment. Ian (DJ Blaze): 020 8558 5870.

FACE PAINTER available for children's parties etc. Jessica: 07817 880741 or 020 8556 7801.

FACIAL TREATMENTS using Dermalogica products. Surprisingly therapeutic! £5 discount with this issue of *The Bush Telegraph* for limited period. Yumiko: 07980 488568.

FOOTBALL GOAL (inflatable) for BARA members to borrow free of charge. Katy: 020 8556 5162.

GARDENER. Willing worker will dig, lift and carry. Graham: 020 8989 1681. References available.

GAZEBO. BARA gazebo available to borrowers **for free**. Also available is BARA's **new** gazebo for a deposit of £90, fully refundable if new gazebo is returned undamaged. Katy: 020 8556 5162.

LAKE DISTRICT HOLIDAY HOUSE. Stylish and comfortable house in Keswick, sleeps 8. 10% discount for BARA members on holidays in 2008. See www.borrowdalehouse.co.uk. Jocelyn: 020 8539 8119.

LOCKSMITH. Richard Boynton: 020 8989 8532 or 07963 713506.

MAID OF ALL WORK. Early retired professional woman seeks paid employment. Anything moral and legal considered. Specialities: gardening, writing, shopping, fetch/carry service and dog walking. Jennie: 07916 329595.

PAINTER & DECORATOR also general handyman including assembly of flat-pack furniture. Free estimates. 07706 811022/07951 987806 or 020 8989 9728 (eve).

PC SOLUTIONS. Having trouble with PC networking? Has your Wi-Fi gone pear-shaped? Want to share a broadband Internet connection? PC specialist with over 15 years' experience. Roger: 020 8530 5656 or email roger@gann.com.

PHYSIOTHERAPY. Back and neck problems? Sports injuries? Full range of treatments available including acupuncture. Baxter Physiotherapy Clinic, 2 Bushwood. Jeff Minns: 020 8989 2292.

PSYCHOTHERAPY. Hypnotherapy and cognitive behavioural therapy. Jeanne: 020 8530 3022.

SCOUTING MEMORABILIA. Boy scout/girl guide badges/uniforms/memorabilia wanted by ex-group scout leader/assistant county commissioner. Please phone Keith Thomson: 020 8989 9685.

SELF DEFENCE AND TAI CHI for men and women from a 9th Dan Black Belt. Ron Holt: 020 8539 8147.

SHIATSU MASSAGE, excellent for neck/shoulder and back-aches. Yumiko: 07980 488568.

SPANISH HOLIDAY HOME for rent. www.ownersdirect.co.uk Ref S2506.

STAMPS. Used postage stamps wanted for animal charities and Guide Dogs for the Blind. Dawn, 46 Michael Road.

THERAPEUTIC MASSAGE. Experience the bliss of being pampered, feeling relaxed and releasing stress. 22 Stanmore Road. Helen: 020 8989 3840.

TUTOR – ENGLISH & MEDIA STUDIES. Experienced teacher currently employed in a Redbridge school. Amanda: 07795 277654.

TUTOR – MUSIC. Piano, recorder and clarinet from beginners to Diploma level. Jo Brown: 020 8989 2535.

If you would like to join BARA then contact your nearest Committee member (see page three). Also see page three for subscription rates