



The Bush Telegraph

The quarterly newsletter of The Bushwood Area Residents' Association

Also visit us at www.bara-leytonstone.org.uk

CHAIR'S REPORT

FOR THIS BT we have put together what we hope you will find is a very useful edition. As well as all the usual features we have lots of information about what's going to be going on in Leytonstone over the summer. So if you're looking for something to fill those long summer days then keep this copy of the BT to hand for the next couple of months. And if none of the activities we've mentioned take your fancy then why not join one of our Groups (see below), spend some time livening up your front garden for our Front Garden Competition (see page 4), create something artistic for *Fill Bushwood with Art* (see this page) or get that camera out and enter the FARA 2010 Photo Competition.

BARA Groups: As we mentioned in the last BT Brian Hopson has been running a project to re-introduce the

BARA special interest groups. I am pleased to report that he has had an excellent response from members and things have moved on apace with the following Groups being established: Babysitting, Birdwatching, Bridge, Cycling, Photography, Theatre, Walking and Yoga. The Committee would like to thank Brian for all his hard work in organising the Groups, it certainly wouldn't have happened without him! If you would like to be involved with any of the Groups mentioned above do get in touch with Brian either by email:

bushwooder@googlemail.com

or by dropping a note through his door (49 Bushwood) – he can then put you in touch with the relevant Group organiser.

Love Your Borough Awards

Finally, I would like to mention the LBWF *Love Your Borough Awards*. These awards were launched by LBWF this year giving a chance to reward and recognise the local people, businesses and voluntary or charitable groups who help put the spirit back into their area, promote pride in the borough and make a difference in Waltham Forest. BARA made nominations on behalf of its members in five of the available eight categories and these were:

Waltham Forest Mayor's Citizen of the Year Award: PC Lesley Beale of the Leytonstone Safer Neighbourhoods Team

Improving Your Neighbourhood Award: BARA (yes, we were allowed to nominate ourselves!)

Business Champion Award: Shah Ahmed of the Star of India

Health and Well-Being Award: Jasmine Dawson of Being Sound

Arts and Culture Award: Hilary Douse of Stanmore Road for her admirable work on *Fill Bushwood with Art*.

We hope that those of you who know any of these individuals, and have an appreciation of the work they have done which has benefited our community, will approve of the nominations we made on your behalf.

The awards ceremony is being held on 1 July so keep an eye out for news of the results to see if any of our nominees were winners.

LIZ HAYMAN

Let's *Fill Bushwood with Art*... again!!

WE HAD SUCH positive feedback on last year's Leytonstone Arts Trail and in particular the *Let's Fill Bushwood with Art* project, that we have decided to encourage people to participate again.

This year the Art's Trail will run from Friday 23 July to Sunday 1 August 2010, in the week following on from the Leytonstone Festival... and after the World Cup! Once again we would like as many households as possible to put "home" produced artwork up in their windows to coincide with the week of the Arts Trail. Last year the streets of Bushwood developed a really festive feel with over 80 households participating. People from 9 months to 90 years old were involved. Every day more windows in the Bushwood Area had art displayed in them. It was really enjoyable to watch people's art work go up, before during and even after the Arts Trail was over!

What was even more exciting is that people defined art in a variety of ways. Not only did we have paintings and photographs, but we also had 3-D art made from a whole variety of materials. There was a space scene made from recycled materials; a money tree made from bank notes from all over the world; plus an array of knitted socks made by an old Bushwood resident, who is now sadly no longer with us – but I am sure her woolly socks live on!

Children's art work was especially prolific last year – it was nice to see so many young keen artists getting involved. Whatever your age and whatever your medium just let your imagination run riot. And of course... if all you have is what you put in the window last year, then that is great too. There are plenty of masterpieces that I would be happy to see given a public airing once more.

Several people said that they wanted more notice in order that they could get really prepared – so if that was you – then this is your call to get creative! I for one am really looking forward to seeing everyone's efforts. So "Let's Fill Bushwood with Art" again!

HILARY DOUSE: LEYTONSTONE ARTS TRAIL COMMITTEE

WHAT'S ON?

◆ **OPEN GARDEN DAY** in aid of Amnesty International. *Sunday 6 June, 2pm at 43 Grove Park, Wanstead.*

Teas, home-made cakes, plant sales, cards, jams and chutneys, children's trail.

Entrance 50p (children free)

◆ **ON YER BIKE** – *BARA bike ride (starts at Carlton House, Aylmer Road – behind NatWest)*

Sunday 13 June, 11am

The weather seems to be warming up just in time for the bike ride led as usual by Dwight Wood. The plan is to cycle to the Woolwich Ferry (cross using the ferry) and back via Greenwich Foot Tunnel. The route is 80% off-road on dedicated cycle routes with no big hills. The ferry is bracingly empty in the daytime and weekends with lines of benches sitting forlorn while red-walled rooms labelled SMOKING have their doors definitively locked!

The ride will be 16 miles long with a stop for lunch and a finish at the *North Star Pub* around 4pm. People can get back earlier if they wish. This is definitely a family day for all. **Come early if you need your trusty steed oiling and pumping!**

◆ **FREE LUNCHTIME CONCERTS** at *St John's Church, 1pm*

Thursday 24 June – Naomi Wright (Cello), Kate Grace (Flute)

Thursday 8 July – Viva Genova (Piano), Eileen Broster (Piano)

Thursday 15 July – Meridian Opera

◆ **MUSIC IN THE PARK:** *Saturday 17 July, Wanstead Park, 2pm – 11pm*

After last year's wash-out we're all hopeful of a sunny day for this ever-popular event. Come along with the family and enjoy a day of music and fun in the Temple Garden, Wanstead Park (**entrances: Northumberland Avenue E12 and Warren Road E11**). **Tickets £7, £4 concessions, under 4's free.**

Main Stage: a mix of pop, Indie, Folk, Blues and 30's Swing performed by Akayzia, Rattle on the Stovepipe, Bleech, Iroko Theatre Company, Dr Blue and the Prescription and Wanstead High School Big Band. Headliners are legendary blues rockers Nine Below Zero who hit the main stage at 8.45pm.

Acoustic Tent: a mix of modern & classical, string & sax, Indian sitar and tabla.

Family Fun: Urban Climbing Wall, Pony Rides, It's a Knock-Out Tournament, Football Shoot-Out, Eggathon, Green Art Tent, Live owls and snakes, Pedal Power gadgets, Morris dancing, puppets, swing-boats, LIPA drama workshops, stilt walkers and jugglers, therapy and community stalls, many local hand-made craft stalls and community stalls.

Refreshments: Tea tent, beer and wine, barbecue, Star of India, Caribbean and veggie stalls

Enquiries: 020 8989 4898 or www.aldersbrook.info

◆ **LEYTONSTONE FAMILY FUN DAY**

Saturday 17 July, Pastures Youth Centre, Davies Lane, 11am – 4pm

Bouncy castle, running bungee, face painting and henna, gladiator podiums, book stalls, food stalls, barbecue and much much more. Tickets cost £1 for adults and 50p for under 12's. **To book a stall call 07817 496448.**

◆ **WHAT'S COOKING?** *Summer Picnic at Henry Reynolds Gardens, Sunday 18 July (provisional times 1pm – 8pm)*

As part of the Leytonstone Festival, *What's Cooking?* will once again be presenting a free afternoon of music at Henry Reynolds Gardens, featuring six bands, food, drink, and stalls. This is always a very popular event with BARA members so if you haven't been before why not give it a try this year.

◆ **LEYTONSTONE FESTIVAL:** *Thursday 15 July to Friday 23 July*

A selection of high-quality events, showcasing local talent, and covering art, comedy, dance, drama, film, literature, music, and poetry. **For full details see www.leytonstonefestival.org.uk/**

◆ **STREET PARTY, CHURCH LANE:** *Saturday 24 July*

A street party will be held in Church Lane to celebrate the end of Leytonstone Festival and hand over to Leytonstone Arts Trail. There will be stalls (art on sale), entertainment (acoustic music, street magicians etc), and children's entertainment (e.g. bouncy castle).

The party is being organised jointly between the Leytonstone Town Centre Manager, Arts Trail, Festival and e11bid. We have heard a rumour that the elusive e11bid funfair might even be taking place that day!



LEYTONSTONE ARTS TRAIL

LAST YEAR we had over 150 participating artists and designers, mostly but not exclusively from Waltham Forest. The group show *Pick'n'Mix* held in Leytonstone ex-Woolworths attracted over 4,000 visitors over the three weeks of the trail. We had group exhibitions in the 491 Gallery, Leytonstone Social Club, and a temporary gallery donated for the duration of the trail by the Star of India. On top of that several artists showed work in Leytonstone Library and in many of the great cafés around the town centre.

Let's Fill Leytonstone with Art was a project thought up by local artist Hilary Douse where we invited local residents to display art in their windows during the period of the trail. We counted at least 80 homes in the Bushwood and Ferndale areas with paintings, drawings and all manner of artworks in their windows.

We had a great response from visitors and local businesses as well as the artists showing work, with many people calling for a permanent art centre to be established in the area.

The Arts Trail opens with the E11 Art Fest on 24 July including an E17 Designers Fair in Leytonstone Library. Exhibitions will be popping up in libraries, cafés, churches and green spaces near you.

Look out for the Leytonstone Arts Trail map, which will be your guide to the shows and events happening all over Leytonstone. They will be available to pick up free from Waltham Forest Libraries, 491 Gallery and all participating venues in the weeks leading up to the trail.

For more information visit the website:

www.leytonstoneartstrail.org

ARE YOU partially sighted and have trouble reading *The Bush Telegraph*? If so, perhaps you'd like us to send you a large print copy instead of the normal standard size. You just need to get in touch with a Committee member (see above) who will arrange it all for you.

The BARA Committee 2009/2010

Lucy Bunnell	4 Dacre Road
Desirée Clarke-Noble: <i>Social and Website Liaison</i>	48 Leybourne Road
Gareth Dimelow: <i>Editor and Social Liaison</i>	11 Barclay Road
Kate Duffy: <i>Social and Festival Liaison</i>	29 St Augustine's Court
Julie Ellis: <i>Retail Liaison</i>	26 (upper) Beacontree Road
Liz Hayman: <i>Chair, Membership, Planning (joint) and Safer Neighbourhoods (joint)</i>	54 Leyspring Road
Heather Howard: <i>Sub-editor</i>	53 Leybourne Road
Janet Lee: <i>Secretary</i>	27 Beacontree Road
Julia Manning	53 Leybourne Road
Richard Potter: <i>Planning (joint)</i>	26 (upper) Beacontree Road
Doug Sheedy: <i>Treasurer and Safer Neighbourhoods (joint)</i>	11 Barclay Road
Katy Smith: <i>Deputy Chair and Social</i>	37A Harvey Road
RoseMary Warrington	88 Mornington Road

BARA SUBSCRIPTION RATES

Single people: £2 per year Households: £3 per year

ROAD REPRESENTATIVES

BARA has an individual responsible for each road falling within our area. That individual should be your first point of contact for issues affecting you. S/he will pass on your comments, concerns, subscriptions etc to the Committee member most able to help. The list below shows who is responsible for your road. Can't find your Road Representative? Then take your query to your nearest Road Rep.

Aylmer Road	Lucy Bunnell, 4 Dacre Road
Barclay Road	Doug Sheedy, 11 Barclay Road
Barfield Road	Lucy Bunnell, 4 Dacre Road
Beacontree Road	Janet Lee, 27 Beacontree Road
Browning Road	Richard Potter and Julie Ellis, 26 (upper) Beacontree Road
Bushview	Kate Duffy, 29 St Augustine's Court and RoseMary Warrington, 88 Mornington Road
Bushwood	Brian Hopson, 49 Bushwood
Carlton Road	Lucy Bunnell, 4 Dacre Road
Colt's Yard	Lucy Bunnell, 4 Dacre Road
Dacre Road	Lucy Bunnell, 4 Dacre Road
Forest View	Richard Potter and Julie Ellis, 26 (upper) Beacontree Road
Grove Road	Lucy Bunnell, 4 Dacre Road
Hartley Road	Andrew Shields, 9 Hartley Road
Harvey Road	Katy Smith, 37A Harvey Road
High Road	Doug Sheedy, 11 Barclay Road
John Drinkwater	Richard Potter and Julie Ellis, 26 (upper) Beacontree Road
Leybourne Road	Jo Pilc, 57 Leybourne Road and Heather Howard, 53 Leybourne Road and Julia Manning, 53 Leybourne Road
Leyspring Road	Liz Hayman, 54 Leyspring Road
Lister Road	Joyce Quarrie, 42 Lister Road
Michael Road	Sue House, 32 Michael Road
Mornington Road	Kate Duffy, 29 St Augustine's Court and RoseMary Warrington, 88 Mornington Road
St Augustine's Court	Kate Duffy, 29 St Augustine's Court
St John's Court	Kate Duffy, 29 St Augustine's Court
St Mary's Court	Kate Duffy, 29 St Augustine's Court
Stanmore Road	Desirée Clarke-Noble, 48 Leybourne Road
Woodville Road	Desirée Clarke-Noble, 48 Leybourne Road
Woodbridge House	Kate Duffy, 29 St Augustine's Court and RoseMary Warrington, 88 Mornington Road



BARA front garden competition



WITH THE HORRIBLE winter weather now just a memory, people across Bushwood are taking to their gardens and adding some much-needed colour to the area. In June/July we'll be holding our annual Front Garden competition, with members of the Committee walking the streets to find BARA's finest frontage. Whether you've got a couple of

window boxes or something to rival the Chelsea Flower Show, make sure your front garden is looking lovely to be in with a chance of winning some gardening vouchers. If you think your garden is especially deserving of a prize let your Road Representative know! Results will be announced in the next issue of the BT.



Take a look at last year's winning displays!

LONDON BOROUGH OF WALTHAM FOREST NEWS

Controlled Parking Zones

LBWF have completed their Street Survey on all the non-CPZ roads. The Survey monitors all cars parked in the non-CPZ roads to check how many belong to residents of that road and how many belong to commuters/people who live in other local roads.

We have not yet heard from Councillor Clyde Loakes on the results of the Survey but our understanding is that if the survey shows a need then LBWF will move to doing another CPZ consultation this year.

It is pretty rare these days to hear of the cost of anything being reduced so we were very pleased to hear that LBWF have recently dropped the cost of a one-car permit from £45 to £30 per year.

Trees

As we mentioned in the last BT, a programme of tree replacement has now commenced. We have heard that trees that have been removed during this year's cull and those removed in previous years have either been replaced or will be replaced in the next few weeks. In particular this relates to trees outside 14, 21 and 31 Beacontree Road and 6, 11/13, 15/17, 21, 31, 39/41 and 46 Barclay Road.

Obviously, in theory LBWF should be aware of any trees which have been removed as part of the current programme but they may have no records of trees which have previously been removed and not replaced.

So if you have any details of any instances of this,

please let Clyde know, his email is:

cllr.clyde.loakes@walthamforest.gov.uk

If you don't have access to email just let a Committee member know the details of the missing trees and we will make sure Clyde is informed on your behalf.

Dog Fouling

A couple of members have contacted us to complain about dog fouling. We have heard from LBWF that dog fouling should be cleaned by street sweepers when they carry out the scheduled sweep. Unfortunately it seems that dog owners who walk their dogs after dark are the most likely not to clear up after them which means that when you leave your house in the morning you see the evidence before the street sweepers have arrived to clear up.

Apparently LBWF analyses public reports of dog fouling to target pro-active work in relation to dog fouling. This means that they have to rely on residents to inform them when this becomes a problem in their particular road. At the moment none of the roads within the BARA area are being targeted.

Errant owners are notoriously difficult to catch and the pro-active work generally consists of leafleting the streets that cause problems and the placing of signs to reinforce the message that dog fouling is unacceptable.

So if you think that this is a problem in your road then do inform LBWF and if they receive enough complaints then they will target the relevant road for pro-active enforcement activity.

NEWS FROM THE HIGH ROAD

Green Borders
www.greenborders.co.uk

A NEW eco-shop and green information centre, **Green Borders**, has just opened.

The shop will be showcasing a range of green and environmentally-friendly products from wines to washing-up liquid, from pastas to paper. They will also be offering freshly-made coffee together with healthy treats for you to enjoy with the opportunity to peruse information on green issues. One of their aims is to host regular events bringing green and environmental issues to the fore. Green Borders will be promoting and selling a selected range of Vegan, Vegetarian, Organic, Ethical, Natural, Fairtrade and environmentally-friendly products including Tishbi vegan wines.

It is very early days, and David Barry, founder of Green Borders, is keen to give the community exactly what it wants, so why not drop in, sample some of the delicious coffee/teas and vegan cakes, have a look round and tell David what you think.

You can find Green Borders at 476 High Road, a few doors away from the Bell Pub, and next to the old boarded-up police station.

Trifle Café

We were sorry to see that the Trifle Café has closed down, especially as this was where the Youth Café that we featured in our December BT was based. **The Youth Café is now meeting at Leytonstone United Free Church, 55 Wallwood Road on Friday evenings 8pm to 10pm.**

Zulus

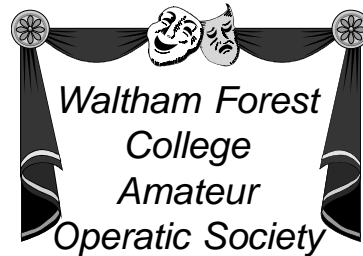
As reported in the last BT, Zulus has reopened as a nightclub operating on Friday and Saturday nights. We have also learned that the owners, Punch Taverns, are in the process of selling the freehold. We'll be keeping a close eye on further developments.

696 High Road

As some BARA members may be aware, an unauthorised mini-cab office was being run from this address. Despite LBWF issuing a Stop Notice the business continued to operate but we are pleased to report that the operator was recently found guilty of breaching the Stop Notice and will be sentenced in due course.

Tyre World, 546 High Road

Tyre World was refused planning permission on 28 April 2010 because of the detrimental impact on the occupiers of the upper floor flats and neighbouring businesses and because the retention of tyre sales and fitting centre would result in unacceptable conflicts of vehicle and pedestrian movements, creating a danger for users of the site, pedestrians and road users. To date we are not aware of any appeal being submitted and are assured that enforcement action is shortly to commence.



The Wizard of Oz

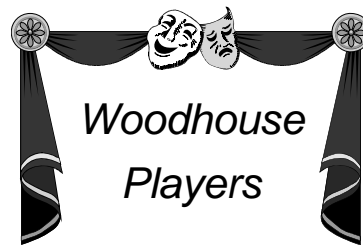
THE WALTHAM FOREST College Amateur Operatic Society was established in 1938 when the College was first founded. We perform two shows each year, a major summer production at the Kenneth More Theatre and a Christmas event staged at the College. We also conduct regular fund-raising events.

Our main show this summer is *The Wizard of Oz* at the Kenneth More Theatre, Oakfield Road, Ilford, Essex IG1 1BT.

Box Office: 020 8553 4466 from 7 – 10 July.

We're hoping to build on the huge success we enjoyed last year with our sell-out production of *High Society*.

DOREEN HARDING



An Ideal Husband

WOODHOUSE PLAYERS present Oscar Wilde's *An Ideal Husband*.

"One's past is what one is. It is the only way by which people should be judged." Lady Gertrude Chiltern is a woman of high and inflexible moral standards, secure in the love of her "ideal husband" Robert, who is that rarest of things, a politician with principles, seemingly destined for high office. But Sir Robert Chiltern's perfect image hides a guilty secret and unscrupulous Laura Cheveley has the evidence. Can Sir Robert keep both the love of his wife and his reputation, or will it all come crashing down?

We are so familiar with the wit of Oscar Wilde that it is easy to forget the serious issues that underlie much of his work. Written in 1895, *An Ideal Husband* was considered by Wilde to be his best play and its themes of the worship of wealth and standards in political life are as relevant today as ever. And the character of Lord Goring is one of Wilde's greatest creations – a supremely "trivial" and witty fop who proves far wiser than the flawed Robert, idealistic Gertrude, or clever Mrs Cheveley.

Fri 23 July 2010, 8pm

Sat 24 July 2010, 3pm and 8pm

Fri 30 July 2010, 8pm

Sat 31 July 2010, 3pm and 8pm

For tickets phone 020 8504 3872 or email: tickets@woodhouseplayers.co.uk

BARA members get free programme and drink on production of BARA card. All performances are at the Welsh Church Hall. Full details on the website:

www.woodhouseplayers.co.uk

The BARA Committee met with Shahid Malek who kindly agreed to write the following article to inform our members about this new community resource which has been established to serve the whole of the Leytonstone community regardless of religious background.

LEYTONSTONE MUSLIM COMMUNITY CENTRE

Our history

The Leytonstone Muslim Community Centre (LMCC) at Crosby House, 2A Carlton Road came together through a vision of local people who were born and have been brought up in Leytonstone and are now into their mid-thirties. These individuals had a vision to acquire some facilities to establish an infrastructure in support of local youth through Community Services in the heart of Leytonstone. Through close working with local people, it was identified that there was a gap for local services within the community in Leytonstone and for young people outside of school and religious activities. These individuals include local Head Teachers, Imams, Financial Directors, Sales Directors and Business Entrepreneurs – all of whom share a common passion for Leytonstone, particularly for young people and their development as leaders in a strong and cohesive community. These individuals feel that they have “lived and breathed Leytonstone and now want to give something back”, for the betterment of the community as a whole.

Our challenge

Having opened our doors in May 2010 – we now need

your help! The centre will offer a programme of activities as below with initial Youth and Homework Help Sessions – getting ready for exam season! We now need your help in donations or any kind of assets such as IT equipment, furniture, kitchen equipment, office equipment, sports and recreational equipment.... and of course DONATIONS!

Not only do we need money to continue this essential and exciting work for your community, but we also need your volunteer time and ideas to bring our whole community together to help build a stronger and safer community for all.

LMCC activities at LMCC Centre, 2a Carlton Road and Pastures Youth Centre, Davies Lane:

For boys 12–17 years old, whatever you fancy: table tennis, pool, table football, indoor football or cricket, the local Pastures Youth Centre is available for you. Situated locally (Davies Lane, E11 3DR) LMCC have been hiring the centre for over three years. We will continue our Tuesday sessions which regularly attract 15–20 boys with numbers increasing. LMCC volunteers are supported by Tilly and his team of youth workers. We are lucky to have some of the football sessions run by SCORE coaches (a Leyton Orient Community Sports Programme initiative). The Friday indoor cricket coaching session run by the Walthamstow Cricket Club is also a favourite.

For more information on any of these sessions, please contact us on 020 8558 8002 or email: info@leytonstonemuslim.com.

◆Sisters Keep Fit Class:

Tuesdays 10–11am from June (LMCC)

◆Youth Club:

Boys – Thursdays 7–9pm (LMCC)

Girls – Tuesdays 7–9pm from June (LMCC)

◆Boys Football & Youth Club:

Tuesdays 7–9pm, boys ages 12–17 (Pastures)

◆Young Mother Session:

Thursdays 10–11.30am from June (LMCC)

◆Boys Cricket Club:

Fridays 7–9pm, boys ages 12–17 (Pastures)

◆Homework Club:

Wednesday 7–9pm, boys and girls (LMCC)

◆Boys Football Training:

Saturdays 2–3pm, ages 7–12, Wanstead Flats, Davies Lane Entrance

Please support the future of your community and join us at the Leytonstone Family Fun Day (see page 2 for details)

SHAHID MALEK

Walk with The Wren Group

THE WREN GROUP includes people of all ages from all walks of life who have an interest in learning about and conserving wildlife in East London -- mainly in Wanstead Park and nearby parts of southern Epping Forest but also in surrounding areas and neighbouring parts of Essex. You can contact them via their website at

<http://www.wren-group.net>

The Wren Group will be leading informal walks around Wanstead Park on the first Sunday of each month, 6 June, 4 July, 1 August and 5 September. Meet by The Temple notice board in Wanstead Park at 10.30am. The walks should last around two hours.

On Sunday 27 June local naturalist Tricia Moxey will be leading a walk for The Wren Group in the Gilbert's Slade area. The theme of her walk will be *Summer Natural History in Gilbert's Slade*, which will cover most aspects of wildlife to be seen, heard, or buzzing around at the time. Meeting time will be 10.30am in the car park on Snaresbrook Road. Again, this walk should take around two hours.

These events are not just for The Wren Group members – all are welcome to come along and join in!

All details of the programme of events can be found on The Wren Group website at

www.wrengroup.org.uk

Friends of Wanstead Parklands

Become a member and help save the Park

AS YOU MAY BE AWARE, last summer Wanstead Park was placed on English Heritage's At Risk Register. The Park, which dates back to Tudor times, has suffered with leaks to its ponds, neglected pathways and poor signage and its 18th-century grotto urgently needs renovation.

Discussions have already started between The City of London Corporation, which owns most of the Park, Redbridge Council and the Golf Club, about a way forward to save the Park.

Following this, a Wanstead resident, Alan Cornish, who is an expert on the Park and its history, decided to set up Friends of Wanstead Parklands (FWP) to provide a link between the local community and the above-mentioned owners of the Park. A public meeting was held, at which considerable support was shown by the attendees, and now FWP are trying to recruit members. BARA has become a member and has also made a £50 donation to FWP funds to help in the recruitment process.

Focus on membership

Besides providing the community with a vital link with the Park's Conservators and owners, FWP plans to issue newsletters on what is happening in the Park, to hold talks on the Park's history and maybe even conduct some guided walks. At the moment though the focus is to get a core membership recruited.

Other issues still to be considered include:

- ◆ working with Thames Water re level over the whole lakes system;
- ◆ water quality - Shoulder of Mutton;
- ◆ amount of pumping into Heronry;
- ◆ liaison with The Wren Group & WPCP;
- ◆ cycle path renovation next to Golf Course;
- ◆ apparent lack of Mallards; and
- ◆ road works approaching roads to the Park.



Walking the dogs with BARA

18 April 2010

PEEKING OUT at the daylight early on Sunday morning we were excited to see clear blue skies. We always have a big walk on a Sunday but this week it was going to be different as hopefully lots of our friends were going and taking their owners with them too! It was a bit frustrating having to wait at the Bushwood barrier for everyone to turn up as we just wanted to run across the Flats and play but eventually the entire group turned up and we were let off our leads! We ran (the humans walked and chatted!) all round the flats playing fetch with sticks and hiding in the long grass. We had to go back on the lead at the edge of the flats as we were going to go over the main road into Wanstead Park but we were soon let off again once we were in the woods. There's lots of leaves to roll around in the woods which we love although we sometimes get shouted at but then we get to go into the lake to wash all the dirt and dust off - that's really good fun! The lake's really big and there were lots of ducks and swans out for a Sunday morning swim but we didn't get too close to them! The humans stopped at the Tea Hut for refreshments and as it was so warm and sunny they all had ice-creams (we had our eyes on the chocolate flakes!) so we could all keep walking. Just past the lake we saw lots of blue flowers - we heard one of the humans say they were bluebells and apparently by the next week the woods would be covered like "a carpet of blue". We joined in with a game of ball with one of our canine friends who very kindly let us play with him but then it was time to go and we were called to have our leads put back on to walk home. We really enjoyed being fussed over by all the humans and especially being treated to bits of chocolate flakes! We hope you can join us on the next one.....woof!

CALVIN AND HOBBS

The cost of a year's membership is only £3 so if you would like to join, please contact Alan Cornish by email to alanfcornish@yahoo.co.uk for more details or you can just send a cheque (made out to Friends of Wanstead Parklands) to the Treasurer at 109 Woodlands Avenue, Wanstead E11 3RB. In return, members will receive a quarterly newsletter on Park activities, a discount on any charged events they organise and other "goodies" as they come along.



e11bid closed-circuit tv

MANY OF YOU may have noticed changes in the area over the year. The e11bid company is fast becoming the significant driver of change and regeneration for Leytonstone in Waltham Forest. The Business Improvement District was established in 2008 after a 95% “yes” mandate from businesses. It realised early on that for Leytonstone to retain its vibrant Town Centre in the face of being dwarfed by Stratford City, it had to do away with those bad perceptions from a long-gone era.

CCTV is seen as a vital weapon in the prevention and detection of crime and in reducing fear of crime in a business community. It is used comprehensively as a tool by the Police and contributes significantly to the evidence produced in thousands of investigations obtained from publicly and privately operated systems.

The network consists of nine cameras and a monitoring base in a local location. The system is

state-of-the-art and has software that includes zoom facilities of x48, facial recognition, ANPR surveillance, as well as a public announcement system to warn offenders. The system will be recording 24 hours a day and has memory capabilities to store up to 30 days. The data can then be saved as digital, video, audio or picture file. This data will be able to be utilised by the Police for prosecution of offenders.

The CCTVe11 system together with the already established ShopWatch Radio Network are vital tools for the reduction of crime and the fear of crime in Leytonstone, helping with the creation of a safer, cleaner and thriving business environment.

For more information on the e11bid and its activities please contact us through:

www.e11bid.co.uk

FAWAAD SHAIKH

We ♥ Leytonstone Life!

FERNDALE AREA RESIDENTS ASSOCIATION 2010 PHOTO COMPETITION

THE FERNDALE AREA Residents Association is once again organising a photography competition this summer to coincide with the Leytonstone Festival. This will be the third year of the competition, which encourages people to think about different aspects of Leytonstone and is attracting more entrants every year.



The theme for this year’s competition will be *Leytonstone Life* with three categories: **At Work and Play, Nature & Wildlife and Favourite Places.**

Each category will have adult and junior prizes selected by popular vote and the competition is open to anyone living, studying or working in Leytonstone. Entrants can submit one photo (colour or b/w) in each category and the competition is open from now until 20 June.

Photos can be submitted digitally by email to

faraphotocomp@googlemail.com. Photos should be a maximum of 1500 pixels on the longest side (smaller is OK). A caption of up to 20 words should be submitted with each photo, together with name, contact details and age if entering as a Junior (age 12 and under).

Prints can also be submitted (size 5"x7") to FARA Photo Competition, c/o 12 Davies Lane, Leytonstone, London E11 3DR.

A public exhibition of all the photos will be held on Saturday 17 July at Davies Lane School from 11am to 5pm when everyone will be welcome to visit and vote for the winning photos. Prize-winners will receive a certificate and a large framed print of their winning photo. All photos entered will be displayed in the Leytonstone Library gallery space later in the summer.

Full details can be found on the FARA website: www.fara-leytonstone.org.uk/photo-competition

JANE STERLAND

SAFER NEIGHBOURHOODS



Police surgeries

IN ADDITION to their regular Street Briefings the local Police Safer Neighbourhoods Team are holding regular drop-in surgeries at the Library every other Saturday morning from 10.30am to 12 noon and once a week on either a Friday or a Saturday at the entrance to Tesco. So even if you haven't got a problem why not drop by and meet your local bobby!!

Alarm systems

We have been advised that a company is offering free installation of alarm systems; however, you should be aware that there are maintenance costs involved.

Reporting a crime

Did you know that you don't always have to attend a police station to report a crime? You can do it via the Metropolitan Police Online Crime Reporting Service website at <https://online.met.police.uk/>.

There are four types of crime that can be reported using this website:

- ◆ theft (except theft with violence or burglary where the property was broken into)
- ◆ criminal damage
- ◆ theft from motor vehicle
- ◆ hate crimes and hate incidents.

The service should NOT be used where the crime:

- ◆ involves vulnerable, elderly or young victims or it is of a sexual nature
- ◆ the crime is still happening now or the offender is still there or nearby
- ◆ you saw the crime being committed or evidence has been left at the scene.

In an **emergency**, always call 999. The police **non-emergency** number is 0300 123 1212

Branching out in Epping Forest

WOULD YOU LIKE to explore a new area of the Forest this summer but don't know where to start? Get involved in the Epping Forest Walk Route Consultation, discover somewhere new and Vote with Your Feet! As part of the *Branching Out* project, The City of London Corporation are creating six route-marked trails across Epping Forest. They have chosen three of the routes and would like your help in choosing the other three.

◆ **These are the six routes that you can vote for:**

Buffer Lands
Epping
Theydon Bois
Hollow Pond and Gilbert Slade
Wanstead Park
Wanstead Flats

You can download maps of these routes at www.cityoflondon.gov.uk/eppingwalks or pick up a Walk Route Pack from one of the Forest



Centres (Epping Forest Visitor Centre, Queen Elizabeth Hunting Lodge and The Temple, Wanstead Park) or you can get a map pack posted to you by phoning 020 8532 1010 or by emailing: epping.forest@cityoflondon.gov.uk

When you have decided which route you want to vote for just go to:

www.cityoflondon.gov.uk/eppingwalks

or return one of the pre-paid postcards from one of the Walk Route Packs. *Make sure you register your vote before 31 July 2010 for a chance to win a £30 Epping Forest Centres voucher.*

There are also going to be guided walks around the routes – details below:

◆ **Wanstead Park: 10am, Sunday 6 June.** Meet at The Temple – 5 miles, 2 hours

◆ **The Buffer Lands: 10am, Sunday 27 June.** Meet at Warren Plantation Car Park, Lodge Road, Wake Arms, Epping, CM16 – 8 miles, 3 hours

◆ **Wanstead Flats: 10am, Sunday 18 July.** Meet at Jubilee Pond Car Park, Lake House Road, Leytonstone, E11 3QS – 4 miles, 1.5 hours

◆ **Theydon Bois: 10am, Sunday 25 July.** Meet at Theydon Bois Tube Station – 6.5 miles, 2.5 hours

DRESS FOR THE WEATHER!

Wear strong stout footwear

Bring a drink of water

Dogs are allowed but must be kept on a lead.

Restaurant review

Spice 62

62 High Street, Wanstead, E11 2RJ

Tel: 020 8989 6774

WITH A PLETHORA of Indian restaurants in the area, does **Spice 62** stand out from the crowd?

On first impressions, you notice an inviting shop front, contemporary interior and you are made to feel very welcome as soon as you arrive. The décor is a welcome relief from the flocked wallpaper and dark interior of many Indian restaurants and is very easy on the eye.

The service is good, although at times we felt it was a little overly attentive and a bit like we were actually dining with the waiter. However, we got the impression that the staff were so keen to make us comfortable and that we savour the food, so really this is a small criticism.

We were assured by the proud waiter that Spice 62 cook all of their dishes from scratch and do not have vats of sauces ready to serve like some other

restaurants. So was the food up to scratch?

Well, the menu is a mixture of traditional Indian restaurant favourites: Madras, Bhuna and the like, which are excellent; but if you are feeling more adventurous then why not try something different like a starter of Bangda Bharta (grilled, shredded mackerel) or Koleji (chicken liver). Speciality main courses include Lamb Shank and Tikka Machli – which is a delicious sea bass dish served with an unusual coconut and chilli sauce. Portions are generous and well presented and in our opinion Spice 62 is amongst the best of the local Indian restaurants.

Overall our experience at Spice 62 was very positive and we will be back, especially if they keep giving us discount food vouchers to use for our next visit as they have done the last two times!

LUCY BOND

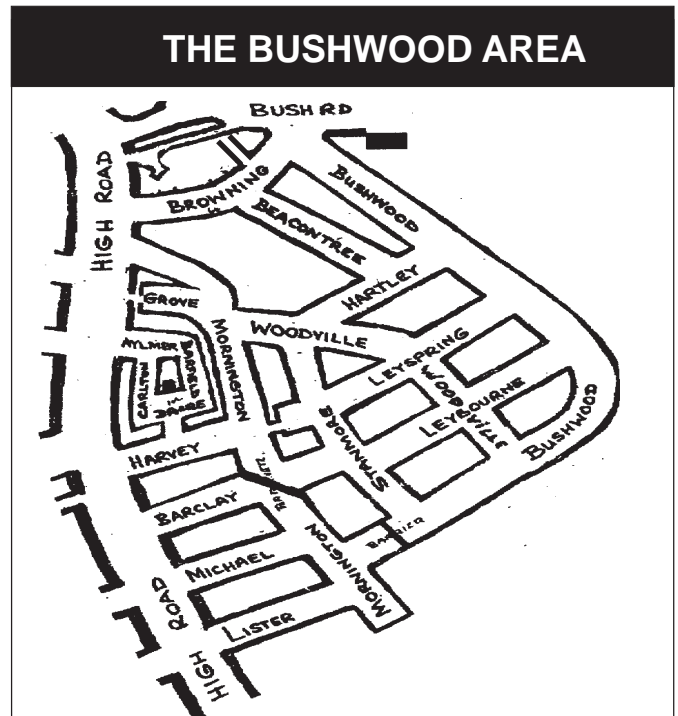
DISCOUNTS UPDATE

UNFORTUNATELY Artistry Loyal has decided to withdraw from our discount scheme but we have made the following additions since the last BT.

The excellent new shop **Gifts** at 712 High Road (opposite The Walnut Tree) have kindly agreed to let BARA members have a 10% discount on purchases of £10 or more

Treasure Your Memories, a well established Aldersbrook business, can do all sorts of clever stuff like transferring video tapes or ciné films to DVD, music tapes to CD, downloading films from video cameras to DVDs, editing, filming, etc, all at reasonable prices and they have agreed to give BARA members a 10% discount on orders over £20. Contact Mike Withnall on 020 8518 8479 or email him on treasurememories@btinternet.com. A BARA member from Bushwood writes “We have recently used the services of Treasure Your Memories they are very good, very experienced, very helpful & reasonable and I’d be pleased to recommend them to anyone.”

Nicholas Hair Salon, 737 Leytonstone High Road



(020 8539 4360) who cut ladies, gents and children’s hair have agreed to give BARA members 10% discount (Mondays to Thursdays only).

ADVERTISEMENTS

Please send your advert to any Committee member – see page three

AVON. Patricia Roche: 020 8989 9728 (eve).

CAMERA LENS. Nikon AF-S DX zoom-Nikkor 18-70mm lens, f/3.5 - 4.5. Currently online at between £270 - £360 new, my used lens is in mint condition, boxed with soft case. £175 ono. Brian Hopson: 020 8989 8738.

CARPENTER/JOINER. High quality work by experienced craftsman. No job too small. Trevor: 07729 278913.

CAR SEAT (BRITAX). Used by child up to age 3 £20. Can email photograph. Andrew: 020 8530 3880

CAT carrier for hire. Donation to BARA. Helen: 020 8989 5845.

CLEANING/IRONING. High standards, 12 yrs experience, excellent references. Stuart: 020 8257 9768.

CYCLE. 12" wheel Raleigh MX16. Suitable for boy age 4-7. Very good condition £40. Can email photograph. Andrew: 020 8530 3880.

CYCLE SEAT FOR TODDLER. Hanmax cycle seat with safety straps and attachment for adult cycle. Seat rests at similar height to adult seat. Very seldom used £15. Can email photograph. Andrew: 020 8530 3880.

DIGITAL HOMES. Consultancy and installation of TV/plasma/surround sound/Internet networking/scene lighting/CCTV. Free consultation. Ian at Gemini AVL: 07905 352972.

DJ TUITION. Experienced DJ offers mixing/scratching tuition plus discounts on equipment. Ian (DJ Blaze): 020 8558 5870.

DVD-VIDEOCASSETTE RECORDER COMBI. **Wanted**, with remote control and manual. Reasonable price paid. Contact Mark: 020 8530 4755.

FACE PAINTER available for children's parties etc. Jessica: 07817 880741 or 020 8556 7801.

FACIAL TREATMENTS using Dermalogica products. Surprisingly therapeutic! £5 discount with this issue of *The Bush Telegraph* for limited period. Yumiko: 07980 488568.

GAZEBO. BARA gazebo available to borrowers **for free**. Also available is BARA's new gazebo for a deposit of £90, fully refundable if new gazebo is returned undamaged. Katy: 020 8556 5162.

GUITAR TUITION. Forget air guitar and learn the real thing from a specialist guitar teacher with a 100% pass rate. All ages welcome. Jack: 07940 402024 or visit www.EM-Records.com.

LAKE DISTRICT HOLIDAY HOUSE. Stylish and comfortable house in Keswick, sleeps 8. 10% discount for BARA members on holidays in 2009. Jocelyn: 01768 780894 or see www.borrowdalehouse.co.uk.

LOCKSMITH. Richard Boynton: 020 8989 8532 or 07963 713506.

MICROWAVE. Prestige SM23 840w, brand new unopened unwanted gift. Turntable, simple 2 dial operation and easy pull open door handle. £35 (Comet Price now £49.99, was £69.99). Phone: 020 8989 3111

PC SOLUTIONS. Having trouble with PC networking? Has your Wi-Fi gone pear-shaped? Want to share a broadband Internet connection? PC specialist with over 15 years' experience. Roger: 020 8530 5656 or email: roger@gann.com.

PHYSIOTHERAPY. Back and neck problems? Sports injuries? Full range of treatments available including acupuncture. Baxter Physiotherapy Clinic, 2 Bushwood. Jeff Minns: 020 8989 2292.

PIANO/KEYBOARD TUITION. For all ages and abilities. Stephen Packe: 07515 702853 or email: s.packe@btinternet.com.

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THE BUSH TELEGRAPH AND BARA EMAILS

THE BUSH TELEGRAPH is published in March, June, September and December. Articles and adverts for inclusion should be sent to bushwoodra@hotmail.co.uk (or given to your Road Representative or a Committee member – see page three) by 10th of the previous month to meet print deadlines.

In between editions of *The Bush Telegraph* we send out emails keeping you up to date with local news and events. If you would like to be added to our email list just email Brian Hopson at bushwooder@googlemail.com

LOCAL SHOPPING/SERVICES DISCOUNTS

Don't forget to take your BARA membership card with you when you claim your discount

- Adult Literacy**10% discount
Qualified adult literacy tutor
020 8530 3484
- Bansal Optometrists** 10% on goods over £50
775 High Road
- Being Sound** 10% discount except special offers/sale items
698 High Road Leytonstone
020 8556 8363/07956 437372
jas@beingsound.com
- Billingford**..... 10% discount
General builders including Corgi plumbers and certified electricians
020 8503 0404
- Bumblebee Florists** 10% discount when you spend £10 or more
829-837 Leytonstone High Road
- Deanna Donovan** 20% discount
Beauty and skincare from home:
020 8556 0133
- Door to Door**.....10% discount
Meals delivered to your door (lunch and dinner M-F)
07870 157392 (Sally or Mary)
- Eatery** (ground floor cafe).....10% discount
Church Lane
- Gifts**10% discount on goods over £10
712 High Road (opposite The Walnut Tree)
- Golden Curry** 20% discount on dining in and 15% discount on takeaways
734 High Road Leytonstone
020 8539 8243
- Hedz Hairdressers**10%
24 Kirkdale Road
020 8558 9132
- www.itdoesthejob.com** 10% discount on any product on website
Carlton House, Aylmer Road
020 8539 4707
- K Rayner Butchers**10% discount on purchases opposite the tube station over £20
- Leytonstone Film Club** £1 discount
www.leytonstonefilmclub.com
- Marc Fletcher Photography** 10% discount
Weddings a speciality
07951 048819,
www.marcfletcher.com
- Mark Rahaman Dip PT,** Negotiable
MRNT, IIHHT
Fully qualified personal trainer and sports therapist:
07956 239690
- Melvyn Brown** £10 (20%) off first hour's labour in local area
Photocopier and office machinery repairs:
020 8530 3569
- Meze Patisserie** 20% discount on bills over £10
Church Lane
- Monarch Sports** 10% on purchases over £100
815 High Road
- Nicholas Hair Salon**..... 10% discount (Mon – Thur only)
Ladies, gents and children's hair
737 Leytonstone High Road
020 8539 4360
- One Stop Shop for Business** 10% discount
841 Leytonstone High Road
- Petch Sayam Thai Restaurant**..... 10% discount
682 High Road, Leytonstone
020 8556 6821

ADVERTISEMENTS

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PRINTERS. Free to collect both in good working order. Hewlett Packard Deskjet 5550 colour inkjet printer 'Print laser-quality black text at up to 17ppm and exceptional photo-quality color at up to 12ppm. Has many versatile features. Hewlett Packard Deskjet 840C colour inkjet printer (slow but reliable with good quality print). Phone: 020 8989 3111

PSYCHOTHERAPY. Hypnotherapy and cognitive behavioural therapy. Jeanne: 020 8989 3111.

SCOUTING MEMORABILIA. Boy scout/girl guide badges/uniforms/memorabilia wanted by ex-group scout leader/assistant county commissioner. Please phone Keith Thomson: 020 8989 9685.

SELF DEFENCE AND TAI CHI for men and women from a 9th Dan Black Belt. Ron Holt: 020 8539 8147.

SHIATSU MASSAGE, excellent for neck/shoulder and back-aches. Yumiko: 07980 488568.

SPANISH HOLIDAY HOME for rent.
www.ownersdirect.co.uk Ref S2506.

STAMPS. Used postage stamps wanted for animal charities and Guide Dogs for the Blind. Dawn, 46 Michael Road.

TAX RETURN/CIS RETURN/TAX REBATE SERVICE. Offered by qualified Tax Technician. Competitive rates. Julie:
juliestaxservices@hotmail.co.uk or 07739 021304.

TUTOR – MUSIC. Piano, recorder and clarinet from beginners to Diploma level. Jo Brown: 020 8989 2535.

Star of India 15% on dining in (except buffet nights and other promotions), 10% on takeaways
875 High Road
020 8989 4028

Trading Places Ltd 10% off standard sales and letting fees for BARA members
Estate Agents, Letting Agents and Property Management Specialists
020 8558 1147 or email jennifer@tradingplacesproperty.com

Treasure Your Memories.....10% discount on orders over £20
Transferring of video/ciné to DVD, music tapes to CD, films from video cameras to DVDs, editing, filming, etc.
020 8518 8479

Woodhouse Players.....Free programme and drink /www.woodhouseplayers.co.uk – show BARA membership card

Zain Greetings10% except special offers/sale items
Cards, gifts and stationery
48 Church Lane

DISCLAIMER:**LOCAL SHOPPING/SERVICES DISCOUNTS**

These business details are provided as a free service to the community. Bushwood Area Residents' Association does not accept any legal responsibility for any loss or damage resulting from dealings with the businesses or tradespeople mentioned. It is up to readers to make their own assessment of the skills and trustworthiness of the business or person concerned, before entering into any contract with them.

If you would like to join BARA then contact your nearest Committee member (see page three). Also see page three for subscription rates